A boke of the propertyes of herbes the whiche is called an Herbal.

Phot. of HEH 19775

¶ De virtutibus herbarum et primo de littera. A.

¶ Agnus castus.

THis herbe Agnus castus/that mē do call Tutesayne/& other wyse Parke leues/this hath leues somdele rede lyke vnto ẏ leues of Orage/and thys herbe hath senowes on his leues as hath Plantayn, and it hath yelowe flowres & bereth black berys and it groweth in dry wodes, ẏ vertue of thȝ herbe is, it wyll kepe men & wemen chast For as Discolidyon & Placens do saye, thys herbe is called Agnus castus for ẏ knowlege and ẏ vse of this herbe maketh men chast. Also this herbe wyll open the poores of mā and let out wycked humours and sprytes of his body, this herbe destroyeth

destroyeth the moysture of mānes sede. Also the same Auctour sayth ꝙ yf this be sodē with Fenel in Ale|| it is good to destroy ꝙ dropsy. Also if thys herbe be sodē with smalage and Sage in salt water, and after warde the hynder parte of a mannes hed be well washed therwith it heleth it and vnbyndeth an euel that is called Bytarge. Also thys herbe destroyeth the fowle luste of Lechery and it be dronken/or yf it be borne about hym, therfore some tyme they do ete it rosted/bycause it shal kepe them chaste/for yf this herbe be eten rawe/it wyl engēder hed ache. Thys herbe is good to defye the hardnes and stopping of the Mylte. Also a playster of thys herbe is good to do awaye ache of a mannes heed that is engendred of wycked humours/ Thys herbe is hote and dre in the. ij. degre.

Captum.

This herbe Apium is a herbe that
me do cal Smalage or stamarche
the vertue of this herbe is this. It
wyll make a man to pysse / & oppy
the stoppynge of the lyuer / also the
sede of the herbe hardeneth a man
nes wombe and it drawethe wyc-
ked humours of a mannes bodye
vnto the hed & to the stomake and
the wombe / and therfore it noyeth
them that haue the fallinge euyl &
to women that be with chylde / for
whan it drawethe suche humours
to the wombe and egendereth that
be the cause of Pestilence and ther
fore it is comaunded of leches that
women that be with chylde / & they
that kepe suckyng chyldren shuld
nat ete nor drynke of this herbe for
drede of ỹ falling euyl for it is hote
and drye / & there be spyces therof /
ỹoyce is good for colde playsters
tempered with flower and for scal-
dyng thys herbe is hote i ỹ .t. degre.

Auetum

¶ Auetum.

¶ Thys herbe Auetum that men do call Auete otherwyse Dyl/this herbe hath leues lyke to Fenel but the sede is somdel brode as Orage sede is/the vertue of this herbe is thus. It wyl make a man pysse/also it swageth rumblynge in a mannes wombe/and wycked wyndes in the wombe / also 'it distroyeth ẏ vexinge/the sede of this herbe brēt and layde vpon a woūde it heleth sone and namely if a mā be scalded in hys membres or on hys yerde / strowe the powder theron ⁊ it shal hele/or what maner of euyl that ryseth in a mannes yerde it shall be hole in the same maner/ a playster made with the same powder ⁊ shepes talowe ⁊ blacke sope/ is good for ẏ Emaraude this herbe is hote and drye in the.ii.degre.

¶ Apumerisus

¶ This herbe Apumerisus is cal-

 led

led Cerfoy or Cheruile, the vertue of this herbe is and it be dronken with wyne it shall make a man to pysse wel, and it delyuereth a man of ache in the raynes & in the bledder and it be dronken with wyne it letteth out and vnbyndeth the wicked wyndes and vnstoppeth the wombe and the lyuer of all maner wodnes. Thys herbe witholdeth castyng. Also a plaister made with this herbe tempered with Aysel destroyeth wylde fyre and heleth the Canker and al other woundes thys herbe is one of ỹ Smalaches And it is hote and drye.

Absynthium.

This herbe is called wormewoode. The vertue of thys herbe is It is good to comforte the herte & clense the stomake. Galyen sayeth that thys herbe hath .ij. vertues one is laxatyue, and the other is cõstypulatiue Therfore Galyen sayeth

that

that yf thys herbe be gyuen to an euyl, of the which the mater is not fully defyed, it shall harde the stomake, and let the degestion. And if the matter be ryped/it shall make a man laxatyue, & esely put awaye the mater. If this herbe be dronke with Oppyconarde, it swageth the stomake and of the wombe that is engendred of wycked wynes. Also if this herbe be tẽpred with hony/ it wyl ease the swellynge in a mannes mouthe. Also it doeth awaye the blacke myste in a mannes eyes and cleareth the syght, and yf thys herbe be powned with the gal of a Bull/and afterwarde putte into a mannes eyes, it putteth awaye all maner impedymẽtes of the syght.

Artharnesia.

Thys herbe is called Mugwozte, the vertue of thys herbe is thus If a mã bere thys herbe about hym he shall not be wery of trauelynge

lynge in his way/Also yf this herbe be powned wyth talowe/it heleth the sornes of mānes fete/and akynge also. And yf it be wythin a howse/there shall no wycked spyryte abyde. Also yf thys herbe be stamped and tempered wyth runnynge water it heleth the akynge of a mannes guttes & many other euylles. thys herbe is hote & drye in the.ii.degre.

¶ Affodyllus,

¶ Thys herbe is called Affodyll/ The vertu of the herbe is that the leues ben good to hele the dropsy/ and the leues of ẏ flowres be good to be dronken to hele venim of wicked bestes/also the iure of this herbe and Myrre and Saffron tempered to gyder in whyte wyne & a lytell boyled ouer the fyer/ & clensed thorough a clothe/ is good to hele rynnyng eyes/also the rote of this herbe brēt to pouder/is good

to

to hele sore eres and to restore the agayne/also take an hard clothe ẏ is roughe and wete it in the ioyce of the herbe and rubbe that Morphewe therwith syttinge agaynste the sonne and it shal do awaye the Morphewe this herbe is hote and drye in the.ii,degre.

¶ Aristologia longa.

¶ Thys herbe men do call it Red mader/the vertue of thys herbe is thus . It wyll vnbynde the stoppynge of the lyuer & let passe wycked wyndes that be stopped wyth in a mannes body/also if it be drōken wyth wyne it clenseth and purgeth al men of al maner of venym that is in a mannes body. Also it clenseth and purgeth all maner of dyseases that be roted within and wythout in the vaynes and in the tethe that bene rotten. This herbe is hote and drye/ and it muste be gathered in herueste / there be .iii

spyces therof.

¶ Aristologia rotunda

¶ This herbe Aristologia rotunda men do cal it Galingale meke/ the vertue of this herbe is thus as ypocras dothe saye / If the sayde herbe be dzunken with hote water/then it is medicinable and curable foz those mē that be stopped in the bzeste,and foz the swellynge euyll and foz the Podagar / and foz the Crampe,thys herbe is hote and dzye,and it must be gathered in hertuest and it is a spyce of the reed Pader.

¶ Abzotanum.

¶ Thys herbe abzotanum mē cal it Sotherne wode. The vertue of this herbe is thus,ꝑ if they bzeake the sede and dzynke it wyth water,it heleth mē that haue ben byten with any venimus beaste also this herbe destroyeth wozmes in a mannes wōbe also powder of this herbe

herbe medled with barly mele vnbyndeth and bzeketh harde postumes, also this herbe bzent and the asshes medeled with oyle, it restoreth there as man lacke here/thys herbe is hote and dzye.

¶ Ameos.

¶ This herbe Ameos hath leues lyke vnto Eldzen, but they be lesse and the sede is lyke persly sede, the vertue of this herbe is thus if it be tempozed with hony it sleeth wozmes that be in a mānes body, and it vnbyndeth the greate stopping of wyndes, and it bzeketh the stone and it chafeth a mannes stomake that is colde it chafeth the lyuer & the raynes, and it heleth woundes and the byttinge of venemous beestes this herbe is hote and dzye.

Alleluya.

¶ Thys herbe Alleluya men call it wodsoze oz stubwozte, this herbe hathe thze leues of the which two be rounde

be rounde a lytel departed aboue/ and it hathe a whyte flower, but it hathe no longe stalkes /& it is wyn loze, and it is lyke .iij. leued grasse the vertue of this herbe is thus If it be rosted in the ashes in Reed dockeleues oz in reed wozte leues it kreteth awaye dede flesshe of a wounde, thys herbe groweth mo-che in woodes.

¶ Asterion.

¶ Thys herbe Asterion groweth amonge stones and in hyghe pla-ces /thys herbe shewety by nyght/ thys herbe hathe yelowe flowezes hole and rounde as a Rockebell oz els lyke to Foxegloues, the leues of thys herbe be rounde and blewe & they haue the marke of the mone in the myddes, as it were. iij. leued grasse but the leues therof be moze and they be rounde as a pēny, and the stalke of this herbe is reed and thys herbe semeth as it were muske

and

and the toyce therof is yelowe and thys herbe groweth in the newe mone without leue, and euery day spryngeth a newe leke to the ende of .xv. dayes / and after .xv. dayes it loseth euery daye a leke as ỹ mõe wanethe, and it spryngeth and waneth as doth the mone, and where ỹ it groweth ther groweth greate quãtyte. The vertue of thys herbe is thus, they that eate of the berys or of the herbe in wanynge of the mone, whan he is in sygno virginis, yf he haue the fallynge euyl he shalbe hole therof, or yf he bere thys herbe aboute hys necke he shalbe holpen without doubte, & it hathe many other good vertues.

¶ Agrimonia.

¶ This herbe Agrimonia mẽ cal it Egrimonye. The vertue of this herbe is thus, & it be eten the herbe and the rotte grene it healeth the akynge of the wombe. Also if the herb

herbe be dryed and poũded to pow
der, & dronke with water is good
for the same euyll / also the sayde
herbe tẽpered wyth Aysell is good
to hele a wounde that is hurt with
yron, also this herbe vsed in metes
is good to hele the akynge of so-
res in the mylte and it is good for
Treytes. ❧:❧:❧:❧

Auancia.

¶ This auancia is called Auãce,
the vertue of thys herbe is thus if
it by dryed and powder made ther
of wyth whyte wyne warmed or
eis luke warme water & gyue it to
that hathe the feuers / and it shall
helpe hym much and ease hym, also
it heleth woundes & Cankers if it
be dronken.

¶ Altea.

❧ Thys herbe is called holyhoc-
ke or the wylde Walowe, the ver-
tue of thys herbe is thus, take and
stampe it & frye it with shepes ta-
lowe

lowe and make a playster and lay it to a podagar mā & it shall helpe hym wythin thre dayes By experyment al Auctours do say and ak fyrme that thys herbe soden wyth Vynegar and Lynsede and a playster made therof & layd to the syde of any person, it departeth and helpeth wycked gatherynges that be engendred in a mannes body this herbe growethe in gardens and moyste places.

Camarisca.

This herbe is called Dogge kenell, or Waythis, this herbe is moche lyke to Camamyle for it hathe a whyte flower as Camamyle, but it stinketh, the vertue of this herbe is good to drynke the joyce therof for to hele the Canker and the pypes of the Emerawdes / and there be .ij. spyces therof / the one hath a whyte flower, & the other hath a yelowe flower, & it groweth in corne

Auricula

¶ Auricula muris.

¶ This herbe is called Mouſere The vertue of this herbe is, if it be dʒoncken it helpeth the Quynſy/ alſo the ioyce is good to hele al ma net woundes.

¶ Apium Emoʒoidarum.

¶ This herbe is called Crowfote this herbe hath leuys departed as it were Rãmes fete, thʒ herbe hath a longe ſtalke in the myddes / and groweth in watery places, & hathe yelowe flowers.

¶ Apium ranarum.

¶ Thys herbe Apium ranarum that men call water crowfote, this herbe hath yelowe flouers as hath crowfote and of the ſame ſhappe, but the leues are moʒe departed, & it hathe a longe ſtalke, and out of that one ſtalke groweth many ſtal kes ſmall by the ſydes, thys herbe groweth in watery places.

¶ Artiplex domeſtica.

Thys

¶ This herbe Artipler womestica men call it Orage or Medoilus.

¶ Anabulla.

¶ This herbe Anabulla men call it Spurge.

¶ Acus demonus

¶ This herbe Acus demonus is ye herbe that men cal Doukenel.

¶ Argentilla.

¶ This herbe Argentilla that me cal Argentil this herbe hath lyttel leues lomdele rounde/and within they be ragged as it were ye leues of Eufrasy/and it groweth moche amonge whete.and therbe.ij. spyces therof,the more and the lesse.

¶ Acus mustela.

¶ Thys herbe Acus mustela is called Groundeswely/It is good for playsters.

¶ Allium.

¶ Thys herbe Allium is called Garleke/the vertue of thys herbe is this. It wyl vnbynde all wycked

¶ Auricula muris.

¶ This herbe is called Moulete The vertue of this herbe is, if it be dronken it helpeth the Quynsy/ also the ioyce is good to hele al maner woundes.

¶ Apium Emorroidarum.

¶ This herbe is called Crowfote this herbe hath leuys departed as it were Rãmes fete, thys herbe hath a longe stalke in the myddes / and groweth in watery places, & hathe yelowe flowers.

¶ Apium ranarum.

¶ Thys herbe Apium ranarum that men call water crowfote, this herbe hath yelowe flouers as hath crowfote and of the same shappe. but the leues are more departed, & it hathe a longe stalke, and out of that one stalke groweth many stalkes small by the sydes, thys herbe groweth in watery places.

¶ Artiplex domestica.

Thys

¶ This herbe Artiplex domestica men call it Ozage or Medollus.

¶ Anabulla.

¶ This herbe Anabulla men call it Spurge.

¶ Acus demonus

¶ This herbe Acus demonus is a herbe that men cal Doukenel.

¶ Argentilla.

¶ This herbe Argentilla that me cal Argentil this herbe hath lyttel leues somdele rounde/ and within they be ragged as it were ỹ leues of Eufrasy/ and it groweth moche amonge whete. and therbe. ij. spyces therof, the moze and the lesse.

¶ Acus mustela.

¶ Thys herbe Acus mustela is called Groundeswely/ It is good for playsters.

¶ Allium.

¶ Thys herbe Allium is called Garleke / the vertue of thys herbe is thys. It wyl vnbynde all wycked

wyndes within a mannes bodye. Also it helpeth a man to make water/but it noyeth a mannes eyes/ bycause of the great byndyng and drynkynge he ẏ hathe voluptuosly it drynketh and destroyeth the syght and it destroyeth and heleth venym within a mā. Also it heleth all colde sores as it were triacle. Also it heleth the scabbes/and morphewes or bladders in what maner place they be in a mānes body, so that it be well froted therwith this herbe is hote and drye.

¶ Anisum.

¶ This herbe is called Anise/the vertue of this herbe is this, it vnbindeth the stoppynge of the lyuer and of wicked wyndes & of greate humours and vncloseth the mylte Also it stereth a man to make water and to swete also thȝ herbe maketh a mannes wombe laxatiue yf it be to harde and the sede must be parched

parched or rosted in al maner me-
decynes/than it wyl worke the ra-
ther / thys herbe is hote and drye.

¶ Hic incipit littera. B. Et primo de Bethonia.

Etyn men do call thys herbe/the vertu of thys herbe is thys / yf it be stamped and thã layde to a wounde in ỹ heed that is smyten with a stroke it shal hele the wounde fayre, and drawe out the broké bones if they be any as leches do say, also yf a mannes eyes do ake / take the water or the toyce therof, & it shal amende them greatly. Take Betyn and stampe hym and temper hym wyth water or with wyne warmed and drynke it. x. dayes and it shal destroye any webbe in the eyes of any persone. Also yf your eyes be waterye eate euery daye a lyttel Betayn, and it

shall do ẏ muche good, also if you haue akynge eres / take the ioyce therof & temper it with rose water and warme it a lytel and droppe it in thy eres and stoppe them wyth wolle/and thou shalbe hole/ Also if thou do blede moche at the nose/ take and stampe Betine with salte and stoppe thy nose therwyth and it wyll staunche. Also if thou haue lore tethe/wyth Vyneger or wyth Aysel let it sethe wel tyl it be more than halfe wasted, than as hote as thou maiste suffer it suppe therof & holde it i thy mouthe tyl it be colde than spytte it out and do thys ofte and thou shalbe hole. Also for the coughe take the ioyce or powder of Betyne and medyl it wyth hony/& make therof a lectuari/and vse it. ix. dayes and thou shalte be hole. Also yf a man may not holde hys mete within him take the same me decyne and gyue hym. iij. sponefu[l]

therof

herof wyth a ſponefull of water. Alſo if a mannes yarde be ſwollen or that it be ſore take Betayne and ſtampe it wyth whyte wyne tempe ted and it ſhalbe hole. Alſo if a mā be Podagar take Betayne & ſethe it well in water and gyue to hym to dryncke and waſche hys fete ther with and lay the herbe about hys fete on a clothe, and it wyl amend hym moche. Alſo take and eate Be tayne or powder therof, & you ſhal nat bedronken that daye, all theſe medicines haue be proued of thys herbe. It is hote and drye.

¶ Balſaminta.

¶ Thys herb Balſaminta is cal= led horſe mynte or water mynte or broke mynte, and alſo thys herbe doth growe in watery places, the vertu of this herbe is, to cõforty a mānes ſtomake and maketh a mā well to defye his mete. Alſo ſ ioyce and clarytyed Hony, & Reed wyne

boiled to gyther/& it shal do away the colde fro a mānes stomake and wycked wyndes within hym, also the ioyce or els the ponder of the herbe dronken with Reed wyne hote it maketh womē that be with chylde sone and esely to be delyuered of theyr chyldrē. This herbe is hote and drye.

Bleta.

This herbe Bleta is called Betes/and there be.ij.spyces therof as Dioscorides sayeth/the one is whyte the other is blacke, the vertu of thys herbe is thys if ỹ ioyce ther of be put in ỹ nosestrylles of a mā it clenseth a mannes hede. Also it swageth the akynge of the eyes of euery persone, it clenseth the hede from nyttes and from other vermym. Also it repayreth and amendethe a mannes here of hys hede/ also thys herbe destroyethbotches & biles, also Dioscorides sayeth, if a man

man vse ouermoche of thys herbe that it norisheth wycked humours in a man for it is hote.

¶ Borago.

¶ Borage is a comon herbe, the vertue of it is thus. It wyll clense the reed colour of a man. Also this herbe is good to destroye the Cardyacle / and the postumes that be gathered of the blacke colour Also the water dronke with wyne maketh a man glade and mery. thys herbe is hote and moyste.

Bugla.

¶ Thys herbe Bugla is called Brounwort, thys herbe hathe leuys lyke a browne colour wyth a blewe flower and sumwhat boystous/the vertue of thys herbe is thus. It wyll hele woundes in a mannes hed, and yf thys herbe be dronkin it helpeth & strégtheth ȳ bones ȳ be broké in a mannes hed this herbe breketh and destroyeth

the rewme and the skynge of the hed, thys herbe groweth in wodes moche and it is hote and dry.

¶ Burneta.

¶ Thys herbe Burneta is called Burnet, thys herbe hath blewe flowers as hathe Hayhoue and small ragged leues lyke Transy leues, ꝯ vertu of thys herde is thus. It wil destroye the greate humours and laxatiue within a man. Also it openeth the stoppenge wythin a mannes lyuer, & maketh a man to pisse well. Also it maketh one to auoyde the yelowe euell. Also a porcyon of this herbe medeled with hony and whyte wyne helpeth & vnbyndeth sore stytches of the rebbes & in the tetes / there be .ij. spyces therof, the one groweth on hylles and ꝯ other in medowes.

¶ Burla pastoris.

¶ Thys herbe Burla pastoris / is called Shepardes purs / thys herbe hathe

hathe a smal stalke and ful of brañ
ches and ragged leues & a whyte
flower, the coddes therof be lyke a
purse / the vertue of thys herbe is
thus / drynke it with reed wyne or
wyth mylke and it wyll staunche
the blody menson / it is hote and
drye.

¶ Borago siluestris.

¶ Thys herbe Borago syluestris
is lyke to comon Borage / but the
leues be sũwhat samller & it grow-
eth in feldes and in wayes.

¶ Billire.

¶ Thys is called Biller. The ver
tue therof is good to rype botches
and it is hote and drye.

¶ Camamilla.

¶ This herbe is called Camamyl
ẏ vertue of this herbe is thus yf it
be dronke wyth wyne it wyll breke
the stone, and it dystroyeth the ye-
lowe euyll / It helpeth the akenge
and the desease of the lyuer, yf it be

strayned it helpeth & swaged the sores in a maunes mouthe / it is good for the akynge in a maunes hed & for the megrayn/this herbe is hote and drye.

¶ Calamintum.

¶ This herbe is called Calamint the vertue of this herbe is thus/it destroyeth a mānes talent,as ypocras sayeth,there be.iij.speces ther of,one that is stony/another that is of the erth,and the.iij.of the water and all they be hote and drye,it that is watery maketh a mā moyst it that is stony maketh a man hole yf he drynke it, yf he haue dronke any venemous drynke/this herbe made in a playster & lay it to a venemous wounde it draweth out venym sone.Also who so drynketh this herbe.iij.dayes, it shall helpe hym of the yelowe cuyll The other is erthy it is helpynge for le, pery, the ioyce of thys herbe and it be

it be putte into the eres of a man it wyll slee wormes in a mannes hed and comforteth the stomake and helpeth to defy it, and it withdraweth castynge.

¶ Crassula maior.

¶ This herbe is moche like vnto Orpyn, the vertue of this herbe is thus, yf it be layde to a wounde by it selfe it shall hele it without any other herbe.

¶ Crassula minor.

¶ This herbe is called Stonehore or Stonecroppe/ The leues of this herbe be sumwhat lyke vnto Orpin and it growethe on houses and walles/ the vertue of thys herbe is thus / it wyll make a man to caste.

¶ Citucs.

¶ This herbe is called Hemlocke or herbe benet, the vertue of thys herbe is thus, the ioyce of this herbe kepeth maidens tetes smal, also thys

this herbe ofte dronke kepeth and destoyeth the greate appetetyte of lechery. Also the toyce tempered with Swynes greece, dystroyethe the hote Podagere, and swagethe the greate swellynge, for it is colde and drye.

¶ Centaurea maior.

¶ Thys is named the more Centory or erthe gall, his flowers be yelowe in the croppe, his vertu is yf it belodden in good wyne, it wil hele the sekenes in the lyuer, it draweth out wycked humours in the mylt, thys hath ben proued, and it be sodden in water it is good to hele a wounde, yf there be a canker & it be anoynted therwith it wyl make it hole, thys herbe is hote and dry.

¶ Centauria minor.

¶ Thys herbe is the lesse Centory, it hathe .iii. branches comynge out of a rounde more wyth a reed flower

flower. Hys vertu is this the pou-
der or toyce therof is good for by-
tynge of an adder or any venemus
beeste yf it be dronken with wyne,
and the toyce is good to anoynte
fores therwith yf ye haue any ve-
nym within you, powne it small
and tēper it with Aysell and drike
it and you shal caste out all the ve
nym within you.

¶ Cara.

¶ This herbe is called Caraway
thys herbe hathe leues sum what
lyke to Fenell wyth a longe stalke
and a roūde sede more than persly
sede. The vertue of this herbe is to
destroye wycked wyndes and the
coughe and it is good for the Fren
sy, and for bytynge of venemous
bestes. Also thys herbe medled, is
good for scabbes, and Tetters.
Also it restorethe heere there as it
is fallen away this herbe groweth
in moyste places,

Celodia

Celodonia.

¶ This herbe is called Celodine or Tetterwort his vertu is as Poliminus sayeth if the byrdes of the swalowe be blynde, the dāme of the byrdes fecheth of this herbe & heleth theyr eyes therwyth/it is good for ẏ cāker i a mānes mouth it is good for ẏ toth ache & to clense a mānes heed, this herbe is hote and drye.

Culamen.

¶ This is called Hertnote, Dilnote Skycte or holyworte: he hath leues lyke Fenell with whyte flowers & a small stalke it groweth in wodes and medowes, hys vertue is to eate awaye deed flesshe thꝭ herbe put to a sore that lacketh here, it wyll restore the here and hele the place.

¶ Colewortes.

¶ Thꝭ herbe is good to clēse fresshe woūdes the canker, to norysshe synowes, & to hele sore eyes that be

be almoſt ſightleſs, it encreaſeth a womās mylke the toyce tempered with Alume and Aſell, it ſwageth the Leper and it is good to kepe a mā frō dzonkenes it is hote & dzy.

¶ Coliandzum.

¶ Thys herbe is called Colyandzum the vertue of thys herbe is thys yf the toyce therof be dzonkē with hony it wyll ſlee wozmes in a mannes body, and hardeth a mannes wombe / the ſede is good to do awaye the feuers ỹ come. iiij. daye this herbe is hote and dzye.

¶ Capillus veneris.

This herbe is called Haydē here oz waterwozte. This herbe hath leues lyke vnto ferne, but ỹ leues be ſmaller / & it groweth on walles & ſtones & in ỹ middes of ỹ lefe is as it were blacke here, ỹ vertue of thȝ herbe is thȝ, it wyll bzeke ỹ ſtone & it be dzōkē with wine, it deſtropeth venym and it is colde and dzye.

Crocus

¶ Crocus.

¶ Thys herbe is called Saffron/ the vertue of thys herbe is thus, it wyll destroy al maner of abhomynacyons of mannes stomake, and wyl make a man to slepe it is good for many medecynes, and namely for cokes to colour their mete therwyth, it groweth in gardens, and it is hote and drye.

¶ Centonidium.

¶ Thys herbe is called Sparowetonge, the vertu of thys herbe is to breke the stone/and it is hote and drye.

¶ Caprifolium.

¶ This herbe is called wodbynde and it hathe a whyte flower, ỹ vertue of thys herbe is good to hele Cankered woundes/ bladers, and akenge tethe and sores in the toos of a man. Also it is good for the swellynge in a mānes body that is venimed, this herbe is hote & drye.

Canabaria

¶ Canabaria.

¶ Thꝭ herbe is called wylde hẽpe or holy roppe, it is lyke vnto hẽpe his vertue is yf a man haue the feuer frete wel his pounce therwith and he shalbe hole, and it groweth in watery places.

¶ Costus.

¶ Thys is named Coste or lesse Detvu, his vertue is to hele the syckenes of the breste & of the longes and it wyl breke the postume. Also it draweth out euyl humours of a mãnes hed, and it is good for a mannes stomake

¶ Cepe.

¶ Is named an Onyon, hys vertue is to cõforte a mãnes stomake it purgeth sumwhat the flewme it nessheth sumwhat the wombe. Also and it be stamped and tempered with hony and Aseyll / it is good for the bytyng of a hoũde. Also the ioyce tẽpered with womans mylke

is good to hele the akynge of eres. Also the ioyce tempered with any lycoure is good to drynke for any mā that hath loste his speche. Also the ioyce put iu ẏ nosethrylles breketh out the wycked rewme and ẏ stoppynge in a mannes hed.

¶ Columbina.

¶ Thys is named Columbyne, his vertue is good for hym ẏ hath the quynsy. Thys herbe muste be gathered in Auguste.

¶ Cominum.

¶ Thys is called Comyn/the leues therof be muche lyke vnto Colyādre it hath many braūches commige out of one stalke/it is strōge of sauour, hys vertue is to destroy wycked windes and other euylles in a mannes stomake, it helpeth to make water, it is hote and drye.

¶ Cardiaca.

¶ Thys is named Cardiacle / it hath leues lyke to blinde nettels & it hathe

it hathe lytel coddes with sede, his vertu is good for the falling euyl.

¶ Cisara.

¶ Thys is called a Frēce pees/it hathe leues & coddes lyke vnto other pees but ẏ leues be not so greate nor so longe, & there be .ij. spyces therof. Camelon.

¶ This is called a Woluisshe thystell or a wylde thystell. He hathe white leues greate & brodd & a reed flower/it groweth by wayes / the vertue of thȝ herbe is, yf thou take this herbe whan the sōne is in Capricorne/and the mone be newe: whyle thou bereste it aboute the / there shall no myschefe the befall.

¶ Cauda pulli.

¶ Thys is named Coltes tayle/ thȝ herbe hath leues lyke to wylde comin, but they be not stalked lyke

¶ Cabachis.

¶ Thys is named Frēche wortes it is hote and drye.

¶ Caulus gallica.

¶ This is named wylde Tansy.

¶ Caulus agrestus.

¶ This is an herbe that men call Glaucē, or Couratum, the leues be lyke vnto plantine but they be not so muche/it hathe a whyte flower and groweth in waters.

¶ Cimbaria.

¶ This herbe men do call it Peny wort, this herbe hathe rounde leues, it groweth on walles.

¶ Consolida maior.

¶ Thys is named Cōfery, it hathe leues lyke to Horshelme but they be not so whyte/there be two spyces therof. One with a whyte flowre, the other with a reed. Hys vertue is if a man be brosen or broken within take the rotes of this herbe and roste them i the asshes and let the sycke eate thereof fastynge. iij. and he shalbe hole. Also it helpeth to gather broken bones/it is hote

and

& moyste. And it bereth blacke sede

¶ Consolida minor.

¶ Thȝ is called daysy or Browsworte/hys vertue is yf it be stamped and layde to a botche, it shall hele it and breke it/for it is a spyce of the Confery.

¶ Consolida medi i.

¶ This herbe is called Bothyn/ this herbe hath longe leues and a lyttel endẽted and a whyte flower and the flower is sumwhat lyke to the daysy.

¶ Hic incipit littera. D. Et primo de Dragantia.

DRagaũce or Serpentyne this herbe is called. The vertue of thȝ herbe is this yf it be stamped and dronken with wyne/it dothe awaye all maner of venym. Also it dothe awaye. the akynge of eres yf they be anyonted therwith. Also the powder therof blowẽ in a mãnes nose,

shall clense a man of the rewme/ & it is good to destroy the coughe/ & to destroye the canker and the fretynge of wicked wyndes, this herbe is hote and moyste it muste be gathered in June and July.

¶ Diptanum.

¶ This is called Bitander or detayne The vertue of this herbe is thus, yf it be dronken it wyl delyuer a womā of a deed chylde. Also this herbe wyl drawe out a thorne or an yron out of a mānes body/ it is hote and dryē.

¶ Dancus asinius.

¶ This is called Danke, his vertue is to hele the dropsy & bytynge of venemous bestes. Also it openeth the stoppyng of the lyuer and of the mylte. Also it vnbyndethe the wombe and maketh it laxatiue it is hote and drye.

¶ Dens leonis.

¶ This herbe is called Dandelyon/ the

on, the vertue of thys herbe is, the Woze is good foz the feuer cotydyan. ☙:☙:☙:☙:*:*

☙ Dens canis.

¶ This is named Houndestothe/ it hathe leues like to dãdelyon but they be lesse and the bzaunches be not lyke and they dzoppe mylke.

☙ Daucus creticus.

¶ This herbe hathe leues lyke to wylde poppy/but the leues be moze whyte/it hathe a flowet of purple coloure and it groweth in whete thys herbe is hote and dzye.

☙ Dzagantia.

¶ This is named Dzagaunce femell/it hathe leues lyke to Rewe/ but it hathe whyte spectes, it hathe a euen stalke the lengthe of.ij.cubites/and it bereth sede as it were a cluster of Grapes, and they be yelowe it groweth in moysty places/the vertue is yf it be stamped/and medled with oyle and

put into the eyes of a man it shall do awaye the akynge therof. Also the moze therof & the moze of the whyte Onyon stamped therewith and tempered with Hony, it heleth al woundes that the Canker hath be ryslen in. Also who froteth hys hãdes with ỹ moze, if it be in Way without doute he may take adders they shal nat venym him Also the ioyce destroyeth the darkenes about a mänes eyes, if they be anoin ted therwith. Also yf the ioyce be dronked with wyne it destroyeth lechery, and it is moyste and colde.

Hic incipit littera. E. Et primo de Elenacampana.

Elenacampana is called horsheime, the vertue of thys herbe is thys yf a mã haue waggige tethe and he eate of thys herbe/they shall kasten agayne it helpeth a man to make water yf it be

be dronken it delyuereth a woman of a dede chyld / it is good for the cough it hardeth a mānes wombe it is hote and moyste.

¶ Endiua.

¶ Thys herbe is called endiue or fouthistell/hys vertue is yf ꝑ ioyce therof be medled with hote water & dronken it helpeth the stoppyng of the mylte and of the lyuer. It is good to hele the yelowe eupll and ꝑ feuer tertian. It is good for hote postumes and for to swage greate hetes of the lyuer & of the stomake and it is colde and moyste.

¶ Eruca.

¶ Thys herbe is named Shyr-wyte Thys herbe hathe leues lyke to Syllerin but they be not so lōge & it hathe a greater moze, his ver-tue is/the leues be good to hele a mannes mouth / yf it be holden longe therin. Also the ioyce of this herbe sodden & afterwarde drōken

it destroyeth the blacke coloure. Also this herbe ofte vsed styrreth a man to lechery and to make water Also the moze stamped and medled with oyle and hony clenseth a mannes chyne yf it be anoynted therewith. Also the iuyce therof dzonken delyuereth man and women of the cought / foz it is hote and dzye.

Eufrasia.

¶ Thys herbe is called Eufrasy / it is good foz eyes and hathe a lyttell ragged lefe.

Ebullus.

¶ Thys herbe is called walwozte / it hathe leues like to Elder leues it hath a longe stalke / the vertu of this herbe is good to destroye the dzopsy / scabbes and tetters and it draweth awaye wycked humours out of a man, thys herbe is hote and dzye.

Edera.

This

¶ This herbe is called Iuy/this herbe is lyke to bzyā, ȳ vertu therof is. If it be sodē in wyne, tyl it be thycke/ & thā lay it al hote to a botche & it shall bzeke it. Also yf thou haue any akyng i thy hed take the ioyce therof & oyle of roses & white wine & medle it to gither & anointe thy hed therwith and thou shalbe hole therof. ¶ Edera terrestris.

¶ This is an earth Iuy/it hath leues lyke to Catmynt but they be not so much/and hathe a redy flower/ ȳ vertue of thys is yf it be soden in swynes greece / it is a good oyntment for all maner aches.

¶ Enforbyum

¶ This is called Clary/this herbe hath leues like to Sauge but ȳ leues be bzoder & rounder, his vertue is, yf he be put in potage it wyl make the flesshe tender.

¶ Ellebozus albus.

¶ Thys Pellyter of Spane / or longe

longewozte. Thys herbe hathe le-
ues much lyke to pediliō, but they
be not so moch slyt without/and it
hathe a flower as it were a Parsl-
neb, hys vertue is if he be put into
the nosethyrlles of a man, it wyll
make hym to nese. Also it heleth
scabbes, ỹ mozphewe, and tetters
Also it purgeth a man of wycked
colours of the flewme/and of the
Emerodes if he be layde to ỹ place
that is desealed. Also foz the tothe
ache it is good yf it be sodde in A-
sell and kepe it as hote as ye maye
suffer in his mouth and it is good
to purge a mannes stomake and
wombe. Also the powder therof
putte in gruell shall slee wozmes
and the ioyce medled with mylke
sleeth flyes/it is hote and dryc.

¶ Elleborus niger.

¶ Thys is called Pedelyon hys
leues be much lyke to longe woz-
te/but they be nat so wyde, and it
hathe

hathe a brode flower and a blacke cote, his vertue is yf it be made in powder it wyl destroy & slee rattes and thys herbe is hote and drye.

¶ Eupatica.

Thys herbe is called lyuerwort his vertu is to destroy & clense ỹ hardnes of ỹ lyuer. Also yf it be medled with freshe grece it wyl hele woũdes and it is good to hele the feuer quartayne. Erpina.

This herbe is named Forgloues.

¶ Ebulus minor.

¶ Thys is the lesse wolwort, It is sumwhat like to walwort and the leues be a lytell redder.

¶ Hic incipit littera. F. Et primo de Flaminula.

Flaminula is called Sperewort or Launcell it is muche lyke to a spere and in the crop of the stalke comethe many kayes & smal braunches and it hathe

it hath a white flower and it groweth in waters, his vertu is yf a mã haue the feuers and the poũces of hym anoynted therwith he shalbe hole & it is good to bzeke botches and byles and it is hote and dzye.

℞ Fumus terre.

¶ Thys herbe is called Fumitory of erth Gal/his vertue is to cõfozte a mãnes stomake. Also it gyuethe a man appetyte to mete and it helpeth a man to make water, & it openeth the lyuer/and it cleareth a mãnes blode. Also if any dzynke therof with whey it destroeth scabbes, ytches, bladders, and wycked humuors, it is hote and dzye.

℞ Fumicretum.

¶ Thys is called Fumicrete, thys herbe hathe a longe stalke/and it hathe leues lyke to. iii. leued gras and it hath Coddes/his vertue is yf it be soddẽ in water it maketh a man laxatyue without any perell/

and

and it is hote and drye.

Fragra.

¶ This is called Strauberye/ ꝯ vertu of this herbe is good for blered mē. Also it is good to destroye the webbe in a mannes eyes. Also the ioyce of it medled with hony ꝛ dronked helpeth the mylte.

Fabaria maior.

☞ Thys herbe is called Brockelēpe thꝫ herbe hath leues like vnto Benestede, ꝛ it groweth ī waters.

Fabaria minor.

¶ This is the lesse Brookelempe it hathe leues in maner longe and sumwhat rounde lyke to myntes. Thꝫ is good to lay to a place that is brosed or to be wellynge if it be fryed with shepes talowe.

Filix.

☞ Thꝫ herbe is named Ferne/of this be. iij spyces / The fyrste as Pompody, the secōde is Osmunde ꝛ it growethe in dyches and woddes/

des/and it hathe a grete moze / as pynapples/it is good to hele bzo-ken bones / The.iij.is Eukerne/& it groweth in walles/and Polpo-dy groweth in Okes,it is good to make a man laxatyue. This kerne groweth in woddes/it is good to hele the podagre. And it maketh synowes stronge.

Filipendula.

This herbe is called dzepwozte, the vertue of it wyll destroye the wycked wyndes about a mannes lyuer and his mylte and it is good to destroye the stone,it is hote and dzye.

Feniculum.

Thys herbe is called Fenell oz Fenkel,the vertue of this herbe is thus if the sede be dzyed it is good and comfozteth the stomake it ope neth the stoppyng of the raynes & of the blader. Also ỹ ioyce is good to do awaye the webbe of the eyes

of a man

of a man and it be dronken wyth wyne and water, it is good to do a waye all maner of venym. Also the ioyce dropped in the eres of a man it wyll slee wormes in a man. And also yf it be dronken wyth wyne it wyll breke the dropsy and all maner swellynge and kepeth hym frō castynge, and if it be dronken with wyne and water / it maketh a womans mylke to encrease. Also yf it be medled wyth oyle it is good to hele a mannes parde that is swellen. And thys herbe is hote and dry.

❧ Faxiuus.

¶ Thys herbe is named Hertewoode / hys vertue is yf it be powned & layde to a sore / it wyl hele it.

❧ Feniculus poeticus.

¶ Thys is called Wormelede / It is good to dystroy wormes i a mānes body / thys herbe is hote & dry.

❧ Febrifuga.

¶ Thys is named Fetherfoy / hys

vertue is to comforte a mānes sto-
make / it is good to aswage ẏ axes
cotidiā / the crampe, and to temper
it that cōmethe of colde stomakes.
Also it is good to lay to a sore that
is bytten with venemous bestȝ. It
wyll hele it shortely and it be layde
therto. Also if it be tempered wyth
Aysell it wyll do awaye the Mor-
phewe. Also yf it be stamped and
layde to a wounde in the which be
broken bones, it shal bring the bro
ken bones to gyther and hele thē /
& the rote therof is good to stoppe
the blody menson / And thȝ herbe
is hote and drye.

Filago

¶ Thȝ herbe is called Felde worte
or Hore worte it is a lytell herbe /
and it groweth in whete.

Flamenula.

¶ Thys is called the lesse. Spere
worte, thys herbe hath smal leues
lyke gras / but it is sharpe lyke a
spere

spere and it groweth in kydes / hys vertu is yf a heed be cut it wyll hele it anone.

¶ Hic incipit littera .G. et primo de gracia dei maior.

Gracia dei maior/ thys herbe is called ỹ more Gracia dei.

¶ Granum.

Thys is Gromell or lyche wale ỹ vertu therof is good for the stone/ and for all euylles in the bladder . Thys herbe is hote and drye.

¶ Genestula.

Thys herbe men do call it Genestre or brome it hathe leues lyke to Spygerupll /and it hathe a yelowe flower his vertue is to knytte bones and synowes to gyther.

¶ Gencianus.

Thys herbe that mẽ do cal Felwort or Balmoyne / hys vertue is yf it be dronken with water and

and hony it helpeth the swellynge in a mānes body / in his stomake / & it is good for venemous bestes / & it deliuereth a woman of a deade chylde, it is hote and dry.

☞ Galanga.

¶ Thys is named Galingale / the vertu of this herbe is thus, it comforteth the stomake & maketh hym well to degeste hys mete / and vnbyndeth and letteth oute wycked wyndes of a mannes body.

☞ Granum solis agrestis.

¶ Thys is called wylde Gromell it is sumwhat lyke to other Gromell / but the sede thereof is sumwhat gray it groweth in dytches, it is good for the stone.

☞ Gladiolus.

¶ Thys herbe is called Gladon the vertue of it is good to make a man to caste.

Hic

☞ Hic incipit littera. H. et primo de Herba cruciata.

HErba cruciata is a herbe that men cal Cromwoyte this herbe hathe littell leues and a smal stalke wyth whyte flowers/and it is lyke to a crosse/thys is good to hele woundes.

☞ Herba cristofori masculi.

Thys is called Cristofer the male it hathe leues lyke to ꝑ Crousope/ but they be moze whyte and not fully so longe/ it hathe yelowe flowers/ hys vertue is to hele the Epulence and the frensy.

Herba Cristofori femini.

Thys is named Cristofer femaie it hathe leues lyke to herbe Peter/ but they be nat in all so whyte and it groweth muche by the waters syde it hath a longe stalke.

☞ Herba walteri.

Thys is Herbe walter/it hathe

leues lyke to persly and the leues be sũwhat thycke fatte and tẽder.

☞ Herba Roberti.

¶ Thys is named herbe Robert/ it hath leues lyke to herbe Benet/ and it hathe small flowers lyke to purple coloure/and it hath a strũg sauour/hys vertue is to hele woũdes/ẏ powder of it wyl slee cãkers.

☞ Herba Martis.

¶ Thys is called Mortagon. It hathe leues lyke to the capitall letter M. and some brañches hathe. ix. leues and some x. ⁊ some more.

☞ Hastuca regia.

¶ Thys is named woderose / yf the more therof be stamped and dronken with wyne / it wyll hele a sore in the mouth. Also the sede stãped ⁊ dronken with stronge Ayse'l wyll staunche the Flyx and make the wombe harde.

☞ Herbe Petri,

¶ Thys is named the Cousloppe.

Herba

Herba Johannis.

¶ Thys is called saynt Johannes worte the vertue of it is thus/ if it be put in a mannes house ther shal come no wycked spirite theri.

Hic incipit littera. J. et primo de Julquiamus.

Iusquiamus is Henbane / hꝯ vertue is good for goute / and namely those ẏ come of melancoly. Also the sede therof and the sede of Humlocke medled to gyther ⁊ a candell made therof/ or brent vpon a tyle stone/ and let the smoke go vp into a mannes mouthe in especial among the tethe, and it wyll slee wormes. Also the rotes be good for ẏ tothe ache. Also the ioyce therof is good for al woundes. Also it swagethe the coughe and ẏ hote postume, And the hote Podager. Also the sede of

thys herbe shulde be gathered in the monethe of Auguste. Thys herbe is colde and drye.

Ysopus

Thys herbe is called Ysope. His vertue is yf a man take the joyce therof/and put it in hys mouthe it wyll hele all maner of euels in the mouthe. Also it sleeth wormes in a mannes wombe & maketh it neshe Also if it be dröken grene or i powder/it maketh a man wel colored/ it is hote and drye.

Ireos.

Thys herbe is called Saue/ it hath leues much lyke vnto the flowerdelyce/and it hathe a whyte flower/it groweth in water/the vertue of it is good to hele the akynge of synowes. Also yf it be dronken wyth wyne or ale/ it wyll destroye wycked humours i a mänes breste and the coughe. Also it destroyeth

the

the crampe / it heleth the bytynge of venemous bestes. Also yf a woman haue a deed chylde within her it wyll delyuer her without perel / it is hote and drye.

☞ Iris.

¶ Thys herbe is called flowerdelyce, this is lyke to an herbe that is called Saue almoste in all fetures / but the flowere is more ynde blewe / this herbe groweth in water and gardyns . It is of the same vertue that Saue is of.

❧ Iacus.

¶ Thys herbe is named Cockopyntel thys herbe hathe leues lyke Mercury & a flower lyke to Dragance and it is bytter and prykynge vpon the tonge / his vertue is yf a mā haue any swellunge vpō the tonge or any swellynge aboute his eres / take the herbe and seethe it with ¶ Tuberosetatibus in wyne and oyle and with comyn & make

a playster therof and lay it to hys eares & it wyl make him hole. Also take the knobbes of the rote, and drye them and clense thē, and they haue vertue to make a man laxatyue yt it be constypulatyue. Also yf thou wyl make the face whyte and clere take the powder of the rotes and laye it in rose water, and set it agaynste the sonne tyll it be consumed Do so twise or thryse, thā rub be thy face with ỹ powder, or what other place thou wyll, to frete away the superfluite of the flesshe/ Thys herbe is hote and drye.

☞ Jalia nigra.

¶ Thys is called Wadekelon or bulwede or knapwede.

☞ Jalia alba.

¶ Thys is called Golegras or wylde tansy, it is good for clensynge of a mannes lyuines.

☞ Jpia maior.

¶ Thys is named Pympernell, it hath

hathe leues lyke to Chicken mete it is good to hele woundes, and to destroye venym and to hele a man of the postume & to hele soze eyes.

☞ Ipia minoz.

¶ Thys herbe is called Chekē mete

☞ Jacinetus rusticus.

¶ Thys herbe is called Blewebe tyme oz andode oz Kanbowe,

¶ Hic incipit littera .L. et primo de herba Lanisticum.

LOuage thys herbe is called / hys vertue is muche in the lede / the moze therof is good to be dronken with wyne to hele a mannes stomake, & foz other euelles within a mā, and foz to make good degestyon, it is hote and dzye.

☞ Lingua ceruina.

¶ Thys is called Hertes tonge, the Bzu of it is good to ripe a postume

and

& bzeke it if it be loden with oyle of Roses and a playster made therof, and if it be dronken with wyne or ale/it wyll herden a mannes wombe and it is good for the coughe/ and it is hote and drye.

☞ Lilium.

¶ This is called the Lyly/the vertue of this is yf it be stamped with talowe & oyle and a playster made therof and layde to a place there as the postume is it shall rype it & make it to breke. Also take a great quantyte of the rotes and the sede of the Docke/& the more of Louache and. put all these in wyne and oyle the space of .ix. dayes and afterwarde sethe it and clense it /and do therto were and make therof an oyntment and that is good to hele the sore & the hardnes of the myltze Also the ioyce thereof is good to hele the venym of adders. Also lay the ioyce therof to a woūde that is

bytten

bytten and it wyl hele it /also take the rotes and roste them and temper them wyth oyle of olyue / and laye it to a place that is brent /and it wyll hele it . Also thys herbe is good for many other thynges and deseases if it be dronken wyth ale/ wyne or water. Also it heleth and conforteth muche a mannes synowes. The vertue of thys herbe is in the Mores , and thys herbe is hote and drie.

Ligustum.

¶ Thys herbe is called prymrose/ this herbe is good to potage. Also the ioyce putte in a mannes nose it wyll destroy the Megrym.

Lingua bouis.

¶ Thys is called Langdebefe the vertue of this herbe is good to do away ẏ reed coloure of a mā . Also if it be dronken it dothe awaye the Cardiacle and other wycked humours in a mannes longes. Also the

the ioyce of thys herbe dʒõken with hote water, maketh a man to haue a good mynde and good wytte, thys muste be gathered in June or in July, it is hote and dʒye

¶ Lingua serpentis maior.

¶ Thys is called Adders tonge, this herbe hathe leues lyke to Affodyll, but they be more grene / and also more sharpe in the ende / thys muste be gathered in Apryll.

¶ Lingua serpentis minor.

¶ Thys is called the lesse adder tonge, thys herbe hathe leues somwhat lyke to Polypodium, and it hathe a yelowe flower and out of the stalke cometh many braunches and it groweth in woodes.

☞ Lingua canis.

¶ Thys is called Hundestonge / it is good to destroye the coughe & the postume, and it wyl ripe a boch

¶ Lingua bicina.

¶ Thys is called Buckeshorne or Wineskerce

Swinesherce thys herbe hathe leues faltered as it were an Hertes horne / and groweth creppynge by twe grounde, and it hathe a lytell whyte flower, it groweth in watery places.

Lupinus.

¶ Thys is called Luppne, thys herbe hathe leues lyke to fyue leued gras, the Luppne hathe .vi. leues, and it hathe a whyte flower, and a whyte sede that is somwhat hoorr and it bereth coddes somwhat like vnto Bene coddes, the vertue of thys herbe is thus, yf a man haue wormes in hys wombe, take the sede and make mele therof and the toyce of wormwode and hony and make a cake therof and ete it, and it vnbyndeth the stoppynge of the lyuer & of the milte. Also it is good to destroy ꝑ dropsy. Also take the same mele & the toyce of Artemerte & make therof paste and laye it to

thy eares

thy eres and it shall kyll the wormes within them / or yf thou make a cake & hete it / it wyll do the same Also yf thou wyll take the ioyce of Lekes and temper it with the mele and put it in thy eres / it shal clense them fro all wycked houmurs and stynkyng. Also take the same mele and temper it with oyle and it wyl breke and rype all maner of postumes / thys herbe is hote and drye.

Labrum veneris.

¶ Thys is called Sowthystell / ẏ vertue of thys herbe is thus / yf a man haue a hote feuer / take the ioyce therof & temper it with hote water and let him drynke it and he shalbe hole. Also if a man haue venym within hym / take this herbe and drye it and make powder ther of and do the powder in good wine and let hym drynke it and it wyll caste vp all the venym / it is hote and drye.

Lauendula

Lauendula.

This is called Lauẽder, if this be soden in water gyue that water to a man that hath the palsy and it wyll hele hym, it is hote and dryc.

Lactuca.

Thys herbe is called Lettyse or slope wozte the vertue of thys herbe is thus. If it be eten rawe or soden it engendreth good blode. Also thys herbe soden with a lytell Asell and Saffron and than dzonken / it helpeth a man that is stopped in the lyuer and in the mylte. Also yf a man maye nat slepe / take the sede of thys herbe and stampe it to powder / and temper it with womans mylke and make a playster therof on lynt, and laye it to the temples of thy heed / and thou shalt slepe well / or els dzynke the powder thereof with mylke. Also take the sede & temper it with oyle of Roses, and make a playster

and lay it to the stomake/ and it is good to destroy the hote postume. Also drynke the toyce of this herbe or pouder of ꝑ sede for it is good to hele the Flyxe. But who that vseth thys herbe ouer muche/it wyll destroy theyr syght, thys herbe is colde and sumwhat moyste.

Lactuca siluatica.

This is called wylde Lettyse/ this herbe hathe leues lyke to the thystell, and they be sharpe a kene and it hathe a flower of purple coloure and it groweth in feldes and in whete. Thys herbe is hote and drye.

Lactuca leporina.

Thys herbe is called Harethystel/ this herbe hath leues like to Sow thistell, but ꝑ leues be nat so endented/it droppeth mylke the vertu of thys herbe is thus If a hare eate of thys herbe in Somer whan he is madde he shalbe hole. Also take thys herbe

herbe and lay it to a mannes syde whan he slepeth/or els ẏ he knowe not therof/and it wyll hele hym of the feuers.

Lollium.

¶ Thȝ herbe is called Cockle thȝ herbe hath vertue yf it be dronken with Radysshe and a lyttell salte/ it is good to hele the Canker/or other woundes in peryll. Also it is good to conforte the stomake and the liuer. Also it wyll vnbide wormes in a mannes stomake. Also it helpeth a man to make water, and it is good for sore eyes. Also subfumygacyon therof wyll make a woman to bere her chylde without any peryll or harme. Also it wyll asswage ẏ great paynes of akeng of the lyuer it is hote and drye.

Laparium rubeum.

Thȝ is called the reed Docke/yf ẏ a man take the ioyce therof & holde

it in his mouthe / it wyll aſwage the tothe ache. Alſo yf a man haue the kynges euyll take thys herbe & ſethe it in wyne and ſtrayne it and gyue hym to dzynke and he ſhalbe hole yf he vſe it ofte. Alſo yf a man rubbe hym with the ioyce, it dothe awaye euyll ytchynges. Alſo thys herbe is good to delyuer wyndes / that be ſtopped i a mannes ſtomake balkyng. Alſo thȝ herbe is good to make ſcabbes and botches rtpe. Alſo it is good to make a man to haue a hard wõbe, it is hote & dzy.

¶ Linum.

¶ This is called Flex / it is good if a man take the ſede therof & ſeth it in water, it maketh a man laxatyue, and it is good to make a playſter therof foz akynge ſozes. Alſo ther is an other ſpece therof that is called Cuſtula / it is named in engliſche Dodure / and it growethe amonge flex, the vertue of this is good

good to purge a man of the colour Also if it be takē and a great quantyte therof sodden in Myrre and oyle to gyther and a playster made therof/it is good for the raynes & for the brest/and for other akynge lymmes.

Lautiola.

¶ This is called Lawrell/it wyll make a man laxatyue & it is good to purge a man of flewme and of the colour, it is good for a mā that may uat eate, for if the ioyce therof be put in his eres, or yf ẏ sayd herbe be stāped and a suppository be made therof and layd on cotten, it wyl hele it, it is hote and drye.

Licorisa.

Thys is named Lycoryse, the roote of this herbe is swete and it moysteth the kyndely hete of a mā, and it is good for the coughe. Also yf it be sodenin water, it wyll destroy a mannes thurste. Also it ma

kethe a mannes brest / hys throte and his lóges / moyst and in good temper Thys is colde and moyste.

¶ Lappa.

Thys is called Clotes or Burres.

¶ Lappa amersa.

¶ Thys is called a Clote.

¶ De littera .M. Et primo de Millefolio minore.

Millefolie the lesse thys herbe is called. There is no defference of kynd nor vertue betwene mylfoly the lesse / and mylfoly the more / saue the more groweth in gardens / & the lesse in wylde places they be bothe of one strégth his vertu shalbe declared in Mylfoyle the more folowyng by letter.

¶ Mercurialis.

¶ Thys is called Mercury / hys vertu is good yf a man haue akyng in hys wõbe / gyue hym to drynke the

the ioyce and he ſhalbe hole, it wyll clẽſe the ſtomake and the lede wyll do the ſame. Alſo the ioyce tempered with whyte wyne is good to hele ſoze eyes / and yf a wozme oz other venym haue bytten a man / take the ioyce and warme it and waſche it. Alſo yf ther be any wozme crepen into a mannes eares, take the ioyce & warme it and put it into hys eres and he ſhalbe hole. Thys herbe is hote and dzye.

☞ Menta.

¶ Thys herbe is called Mynte / hys vertue is yf it be ofte eten / it will ſle wozmes i a mãnes wõbe. Alſo if a man haue boches oz other rennynges oz ſwellynge in hys heed / take thys herbe and ſtampe it and laye it to the ſoze and it wyll hele it. Alſo if a mãnes tothe oz the fleſhe of ỹ tothe ake oz ſtynke, take thys herbe & ſeth it i whyte wyne & in Aſſell / and take that lycour and

walsche his mouthe therwith, than take the powder of the herbe and rubbe wel his tethe therwith, & he shal haue a swete smellyng mouth Also take thou this herbe & Ipsell and make sauce, and it wyll make ỹ to haue a talét to thy mete. Also whé there shalbe gyuen any medecyne to destroye venym, it wyll be good to be giueu with the ioyce of thys herbe, for it hathe many vertues and namely for veni/ther be many spyces thereof and it is hote and drye.

Menta romana.

This is named whyte Mynte, the vertue therof is the ioyce wyll slee wormes in a mannes wombe. Also the ioyce wyll slee wormes in the nosethyrles of a man. Also the powder therof caste in a mannes mete/it shall make him well to defye his mete.

Malua.

This

¶ Thys herbe is cslled Malowe / the vertue of it is good yf the leues be stamped and layde to a mānes stomake it wyll byeke a hote postume in the begynnyng Or els meole thy herbe with freshe swynes grese and lay it on a hote tyle, and lay it al hote to the postume & it shall rype it and byeke it. Also it is good to destroye the hardenes of a mannes lyuer and mylte. Also it wyll make a man laxatyue, and it is good for playsters / it is colde and moyste.

¶ Wozell or nyght shadowe.

¶ Thys herbe is colde & drye in the .ij. degre, the leues, the braūches & the frute therof be right good, and beste whan they be grene / they be good for stoppynge of the Splen and the lyuer, & beste for the Jandesse to drynke the ioyce of it with a lyttell Ruberbe. Also for a postume in the stomake / in the bowels

or in the lyuer seth the ioyce therof with barlye water and drynke it.

Mastyke.

¶ Thi gūme is hote and dry i the. ij. degre. It is a gumme of a tree growyng in a parte of the countre of Grece / in the latter ende of Ver the men of that countre slytte the trees and than make the grounde clene aboute and lay clothes rōūde aboute the trees, or some other conyng to kepe the gumme from the groūde in chosyng of it / to knowe whiche is beste to take / the beste is whyte and clere, the whyte colour is next the best & ẏ is medled wyth erth & sū what darke, ẏ best Mastyke hath vertu of constraining, confortig clēsige & losing of humours descendynge fro the heed aboue to the eyes and to the tethe / and for the desease of the temples made of and ascendynge wynde fro the stomake

make to the heed. Take powder of Mastike/ with whyte swete wyne/ and the whyte of an egge & medle them well to gyther and ye wyl, ye may put in frankencence and playster it to thy temples . Also sethe Mastyke in water and dzynke it & it wyll comfozte well the stomake and make good degestyon / and it comfozteth & relaxeth the stomake and put to it Fenell sede, and it putteth out wynde out of the stomake. Also a playster made of Mastyke and Bole Armonyake & the whyte of an egge and vyneger and lay it on the fozke of the stomake oz bzest it wyl constrayne wel the colozyke vanyte. Also seth Mastyke i rayne water and dzynke it wh warme water and thys medecyne is good foz the flux of ỹ wombe that comethe of a sharpe lax that was taken befoze to stoppe hym . And boyle Mastyke in rayne water oz Rose

water

water with.ij.oz. iij. cloues and
dzynke it warme and that confoz-
teth the vompte and ꝑ flux of the
wombe that cometh of charpenes
and vyolence of the medcine. Also
Mastike must haue but lytel boy-
linge foz hurtynge of his vertue &
it shulde be giuen warme, foz it cõ
strayneth moze whan that it is gy-
uen warme, than whan it is ouer-
muche hote.

Wagerum.

¶ This herbe is hote and dzye in
the seconde degre, the flowers and
leues be vsed i medcines, it shulde
be gathered in somer whã it flowe
teth, and dzy it in the shadowe. It
may be kept a yere, it hathe vertue
of confoztynge, of losynge, of con-
sumynge/ and of clensynge, ꝑ the
powder of it be dzonke in wyne /
oz els boyle ꝑ powder of it in wine
& it wyl hete well a stomake. Also
it comfozteth the degelyon. Also
take

take ȳ leues and flowers of Wage
tum and powne thé a litel & make
them hote in a panne, and lay it to
the greuaunce and it taketh away
the deseale in the stomake that co-
meth of wynde. Also for the rewme
in the heed, take this herbe & bynde
it warme about thy heade. Also it
dryeth the mother and consumeth
the superfluyte of it. ☞:☜

¶ Millefoliũ maior, or yarowe.
¶ kynge Achilles founde this her
be, & with it he heled hys men that
were woũded with yron, for wom-
des stampe thys herbe with swynes
grece, and plaister it to the woũde
and it shall hele it, and the same is
good for an ache i the breste or syde
it is good for them that may nat
pysse, take the ioyce of thys herbe
and vyneger & drynke it, and mer-
uelously it helpeth a woũde/ that
hath také colde. Stampe this her
be in butter and lay it to the woũde

and

and it wyll hele it well. Also to degest ẏ stomake or that lyethe therin, take the ioyce of it and medle it with water and hony and drynke it warme. Also for deseases in the body, take the pouder and medle it with wyne or wyth good ale and drynke it ⁊ it helpeth muche. Also it is good for herte brũnynge. Also for the heed ache stampe thys herbe and playster it to the heed. Also for byttinge of a woode dogge, stãpe thys herbe with the graynes of whete and it heleth it. Also for him that may nat holde his mete, stãpe thys herbe with wyne and drynke it warme.

Motherworte or Mogworte.

¶ Thys herbe in latyn is called Artemesia/and it is hote and drye in the.iij.degre, this herbe helpeth a woman to conceyue a chyld, and cleuseth the mother and makethe a woman to haue her flowers and it de-

it destroyethe the Emeraudes on thys maner. Fyrste they muste be gathered, thā take pouder of Motherwort and of Horehounde to gyther and strawe it on ỹ pappes. Also yf a chylde be deed in the mothers wombe / take Motherwort and stampe it smal & make a playster therof and lay it to hir wombe al colde, and with the grace of god she shall haue delyueraunce without perell / it is good for the stone and the grauell in the raynes of a man or of a woman / if a man bere thys herbe vpon him, there shal no venemous beste greue hym. It is good for the yelowe iaundes and it be dronken with wyne / for it conforteth the stomake & maketh a man or woman to haue good coloure

Maces.

This spyce is hote & dry e in the .ii. degre Maces be rindes or hulkes / it groweth

it groweth aboute the Nutmege as ẏ rynde groweth about the Hasel nutte, it may be kepte. x. yere in his vertue, it is confortyng dyssoluyage/and cõsumynge, the knowlege of fine maces is thus, it shuld be in coloure lyke to fyne golde or els like to golde that siluer is gilte with, the which hathe a sharpe talage with a bytternes, & it loketh lyke to erth, & it is to be refused/ for it hath no sharpe sauour, for a colde stomake that may not defye nor degeste well, take maces and boyle them in wyne and drynke it. Also a good playster the whiche is best for a feble stomake, make pouder of Mastyke and of maces and medle them with oyle of roses and waxe and make a plaister therof & lay it on the stomake of ẏ seke person. Also to clense the brayne of superfluous humours, take a quãtite of Maces and chewe them well in thy

in thy mouthe and holde thē there
a whyle, and that shall lose the su-
mosite of humours that ryse vp to
the brayne and purge the super-
fluyte of it. Also for feblenes of the
stomake & ỹ lyuer of a colde cause
and for ỹ colyke, and for the dese-
ses of the spyrytuall membres / or
flewme / boyle maces in the ioyce
of fenel and in the ende of the boy
lynge put in a lytell wyne / than
straine it and drynke it for it is the
best remedye for the forsayde dese
ses. And for the ache of the herte /
vse powder of maces in thy meles
and drynkes.

Mynta.

This is named ỹ Reed Mynte,
it is hote and drye in the .ij. degre,
and there be .ij. other myntes / but
I meane house mintes, the which
properly is sayde garden myntes,
for that moste comonly is in mede
cines bothe grene & drye, for great

holsomnes it shulde be dryed in a shadowe place / also it wyll be kept a yere in great vertue, to dyssolue or lese to consume of hys pper qua lite and to comforte of his swete sa uour, for the stynkyng of ꝑ mouth and lilthe of the gũmes and of the tethe, washe thy mouthe and gom mes with vyneger that myntes be soden i, and after rubbe hym with the powder of myntes or with dry myntes to prouoke the appetyde whã an impedyment of the stoma ke that comethe of colde hnmours beynge in the mouthe of the stoma ke/ make a salue of Myntes and vyneger with a lytell Synamum and peper and vse it well agaynst vomytes that comethe of feblenes of the stomake or of colde causes/ Sethe myntes in Sauge water & vyneger and dype it in and laye it on the mouth of the stomake with the Myntes that be sodden therin

Also

Also gyue to the pacyent to eate of the same Wyntes toz the syncoppe and feblenes i feuers and without feuers / oz of medecyne / oz of what cause it be / stampe Wyntes with vyneger and a lytle wyne yf the pacyent be without Feuer / and yf he be with Feuer / stampe Wyntes with venyger alone / thā make a toste of sower bzede and toste it well tyl it be almoste bzent, than put it in that lycoure and let it lye therin tyll it be well soked / than put it i to his nose and robbe hys lippes, gummes, tethe and tēples therewith and bynde it to the pulse vaynes of his armes, and let the pacient eate the moystnes that is lefte, and swalowe it in. Foz to clense the mother / take the tender croppes of Wyntes and seth them in water oz wyne and playster it to the share / and to the raynes / agayust the cōgeling in a womānes

breste, take ẏ smal stalkes of myn-
tes and sethe them in wyne & oyle
and playster it about ẏ tetes. Also
be it knowen that whan any mede
cyne shulde be gyuen agaynste ve-
nym: it shulde be gyuen with the
ioyce of myntes / for myntes haue
a manner of strength of drawynge
out of venym / or els it shulde be
with wyne that myntes hathe ben
soden in for stoppynge of the splen
and the lyuer and of the wayes of
the vryne of a colde humor and of
a hote without Feuer. Take the
ioyce of myntes alone or myntes
soden in wyne or the ioyce of myn-
tes medled with hony, and gyue it
to the pacyent. To slee wormes in
the belly, take the ioyce of myntes
and drinke it and thou shalbe hole
Also ẏ ioyce of myntes sleeth wor-
mes in the ercs. For a tetter take
the ioyce of myntes and put therto
Brymstone and vyneger & medle
them

them well to gyther and anoynte the tetter therwith and thou shalt be hole. For a wounde in the heade stampe myntes and lay the on the wounde. &c. For payne in the syde take myntes and seth them in olde wine or ale & with it stampe. xviij. graynes of peper and dryncke it in the nyght/there be but lyttell dyffe rence betwene thys mynte and the romayne mynte / thys is the gar den mynte.

¶ N. littera et primo de Nux muscata.

NUtmegge is hote and drye in the. ij. degre, the beste groweth in ynde/ and in the tyme of hys rypyng it is gathered, and. viij. yere it may be kepte/they that be playne & heuy after theyr kynde be beste to be chosen. And whan they be broken they fall nat to powder but they haue a swete

and sharpe sauour / yf they lacke any of these aforsayde, they be nat good for medecynes / he hath vertue of confortynge by hys swete sauoure/for coldnes and feblenes of dygestyon of the stomake take in the morynge halfe a Nutmege or a hole Nutmegge and eate it. Also for a colde stomake that is feble of dygestyon and for the lyuer gyue hym wyne ỹ Nutmeggs is boyled i. Also for the same boyle Nutmegges and Mastyke i wyne and dryke it, this is good for ỹ diseases in the stomake and i the bowelles to breke wynde. Also i the recouerynge of a sykenes to comforte the spyrytuall membres / boyle Nutmegges and mastyke in wine and drynke it. Also take a Nutmegge and smell to it / and it wyll cõforte the spyrytuall membres.

☞ Napo.

¶ Thys is named Nauewe/it desyreth

syreth grounde that is fatty / and sandy, it growethe beste in suche groūde. The ꝓperte of the Nauewes is, he chaūgeth & turneth into rape, and after that it turneth into Nauewe. The beste do growe in grounde well donged and turned. Also it proued well in places that stuble of corne hath bene in ẏ same yere. If they growe to thycke plucke some vp here and there / so that the other may proue ẏ better, and those that ye plucke vp set thē in voyde places. They shulde be sowen in the ende of July and in Auguste, the beste sauored Neuewes be they ẏ be longe & strayght and nat ouer great nor braunches in the rootes, but an strayghte roote. Also of Nauewes may be made a passynge good meate with a lyttell salte and vyneger hony and mustarde & with swete spyses & it maye be made wythout spyces

Nauewes be hote in the seconde degre and they norysshe muche / but they be harde of degestyó, they make the flesshe sokte and wyndy / but lesse wynde than rapes. Therfore whan ye sethe them in water / caste that water awaye / and sethe them in an other water and so hys harde substaunce is tempered by ȳ and so menely betwene good and euyll they gendre norysshynge, for they that be thus wel soddē be nat harde of degestyon, they make one wyndy / and they make stoppynge of baynes & of poores but yet they be profitable if they be sodden twyse and both the waters to be caste awaye / and they to be sodden with the thyrde with fatte flesshe.

Hic incipit littera O. Et primo de Olibano.

Olibanum is called Frankensence. Thys is hote and drye in the .iij. degre / it is a gumme of a tre

a tre in Inde the cleneste is the beste. Also there be trees of that kynde growynge in Camaske, but not clere nor good for it is darker of coloure, therfore it is to be refused in medecyne, it hathe vertue of confortynge by hys swete sauour. Also of closyng and constraynyng for the tothe ache that cometh of superfluyte of humours of the heade and specyally by ẏ vaines, make a playster of powder of frankensc̄ce wyth wyne & the whyte of an egge medle them to gyther and playster them aboute the temples. Also to stoppe the wayes of the vaynes aboue/take Frankensence and chewe it well in thy mouthe and that shall stoppe and let the flux of humours coming downe to the nosethrylles Take pilles of frākensc̄ce & swalowe them downe in the morninge, than boyle frankensence in wyne and at euen drinke that whā

thou goeſt to bede. Alſo theſe pyl-
les be good to helpe the degeſtyon
of the ſtomake and good agaynſte
ſoze balkinges. Alſo to the comfoz
tynge and clenſynge of the Matry
ce/and helpynge of conceptyon in
the receyuynge the fume of frankē
cence byneth. Alſo boyle powder
of it in wyne and whā it is metely
warme dippe a clothe in it and lay
it ſo watme to the ſhare of the pa-
cyent / and greatly it comfoztethe
the Matryce.

☞

Hic incipit littera. P. Et p;i-
mo de p;una.

Plummes be colde and
moyſte / ſome be whyte
ſome be blacke ⁊ ſome
be reade. They that be
blacke and ſomwhat
harde be the beſte, they be called
Damſons / and whan they be rype
g:ther thē and ſlet them ⁊ ſoꝛynge
vyneger

vyneger vpon them and so they may be kepte in a vessell of woode a yere, and fyrste whan they be cut they must be layd in the sonne. xv. dayes to dry, these Damsons haue vertue of coldnes and clensyng of the inwarde partes wherfore they be good in feuers that be sharpe & for costyfenes of the bely that cometh of drynes or of Colorike humours dryenge, if it be newe gyue it him to eate/if it be dry bayle it in water & gyue ȳ pacyent to dryncke therof, thys is good for ȳ feuer tercyan / for stoppynge of the lyuer/ for the iaundys and sharpe feuers it softeth the bely, it is good for defaute of appetyte/and for many other deseases.

¶ Piper.

¶ Thys is called Peper it is hote and drye in the. iiij. degre. There be. iij. maner of Peper. Blacke, Whyte and Longe. Dioscorides and

and Constantyne sayeth that they be frutes of tres growyng i Inde, and some say that Peper is made blacke with brennynge in the fyer for whan it is gathered there be great multitude of serpētes about it & therfore they put it in the fyer to brenne the serpentes ỹ be about it/the Sarasyns dry it in an ouen by cause it shall nat encreace in an other lande. But of all the Pepers the blacke is the beste/& the moste holsome. Take peper and put it in to the nosetrylles and it wyl make the to nese and sethe peper and fygges in wyne and drynke it and it wyl clense the spyrytual membres of toughe humours and it is good for the pose that is taken of colde. Also for ỹ same eate powder of peper with fygges. Also powder of peper put in a mannes mete comforteth the degestion of ỹ stomake Also put lōg peper i a rosted apple

and

and eate it/ & it shall comforte the degestyon. Also powder of peper wyll freate awaye deade flesshe or proude flesshe, & longe peper comforteth more thā blacke. Also blacke peper hathe vertue of losynge comfortynge and of drawynge/it clenseth the spyrytual members of colde flewme & vycyous humours and beste whan the powder of it is eten with fygges for he hath great strenght of hetynge and comfortynge the stomake prouokyng appetyte, but to Sanguyne and Coloryke ꝑsons it is not good to vse peper/for it dryeth & brēneth blode and it engendreth leper and other euyll sykenes / Plato sayth that peper is foule to see in syght without blacke & within with a sharpe sauour and a swete odour, littel in quantyte and muche in vertue.

¶ Pympernell.

This herbe is good to hele woundes

des and to destroy venym /and to hele a postume and soze eyes.

℞Pulegium.

¶Thys is named ℞ulyoll royal it is hote and dzye in the.iij.degre. In the tyme of flowryng it shulde be gathered/ and it maye be kepte in hys vertue a yere/whan it shall be vsed in medecines/take ỹ leues with the flowers and strype them fro the stalke / and it hathe vertue of losyne and consumyuge / foz a cold humour in the heed take powder of it and hete it well in a ☞kellet,and all hote bynde it to the greuaunce without any lycoure. Also foz a greate colde taken in the heed and foz a couth humoure oz a watery humour,make a gargarisme,le the ℞ulyol royal and dzye fygges in a tarte vyneger / & take a good sponfull therof as hote as ye may suffer it and holde it in thy mouthe tyll it be almoste colde than put it out

out and take asmuch moze/and do so.iij.oz.iiij. tymes and that shall purge thy hed well of flewme. Also sethe it in wyne and dzynke it and it is good foz the desease in the stomake in guttes /and foz colde causes / oz foz wynde in the stomake. Also it is good foz toughe flewme i the bzeste/ yf thou take powder of it & medle it with claryfyed hony and make a lectuarye therof and vse to eate therof, oz take the herbe therof & boyle it with wyne, hony/ oz water and vse to dzynke therof. Also foz the blacke coloure dzynke ȳ ioyce of it oz boyle it with wyne and thou shalbe hole. Also foz a ytchynge byle/laye thys herbe in water and vse to washe the ytchynge therin warme & thou shalbe hole. Also foz ache take thy herbe al grene and stampe it & plaister it to the ache & it wyll ease it. Also agaynst

the

the cough boyle thys herbe i wyne
and drynke it luke warme and thys
wyll make one to pysse well. For
the dysease in the bely stampe thys
herbe with comyn and water and
lay it hote to the nauel and lightly
it shalbe hole, for the diseases in ȳ
lyuer stampe thys herbe and tem-
per it with water and vinegar and
drynke the toyce therof/and thou
shalbe hole. For an ache i ȳ legges
or armes take the leues of elder &
Pullioll royall of euery lyke much
and stampe them to gyther well &
playster it to the greuaunce/and it
is good for ȳ feuer tertian/yf thou
take the brãunches of this herbe &
wrappe it in a good locke of woll
and gyue it to the pacyent and let
hym smell therto/before the feuer
come on hym, and that shal do him
greate ease. For the hed ache take
thys herbe & bynde it fast rounde a
boute thy hed and anone it seaceth
the

the ache. Also yf a woman haue a deed chylde in her wombe, stampe thys herbe and gyue her to drynke with olde wyne, and she shalbe delyuered of it by the grace of good, For the crampe drynke the ioyce with vyneger fastynge and it wyl put it awaye.

Pencedanum vel Feniculus porcinus.

Thys herbe is called mayth Hogges fenel or mayden wede thys herbe is hote and drye in the .iij. degre whan thys herbe is gathered for medecynes the rote is better than the herbe, whan the rotes be gathered they maye be kepte all a yere, it hath a purginge vertue, it is good for the strangulyon or the flyx and good for stoppynge of the splen & the lyuer, boyle thys herbe in wine or water and gyue it to the pacyēt to drynke. Also sethe it in oyle and wyne and playster it to the share &

it wyll helpe the stranguylyon or ye flyx. Also ye same playster is good for hardnes of the splen it molyfyeth that. Also agaynst the colde humours of the spyrytuall membres gyue hym to drike water with barly and this herbe sodden togyther. and yf it be feruent colde humoure than sethe the Barly and the herbe in wyne /and gyue it to the pacyēt to drynke with Lecoryce.

Petrocilium.

¶ Thys is called Persly, thys is hote and moyste in the .iij. degre. It multyplyeth greately mannes blode and doth away the Tysyke/ it helpeth wel to destroy the Feuer tertian/it is good for the syde and the dropsy /it comforteth the herte and the stomake /and it is good in potage and to stoppe chyckens.

Peritorium.

This herbe is called Peritory and

it is

it is hote and dry, The vertu of this herbe is thus. If a man haue an euyll stomake or els akynge within him, take thys herbe and seth it in thy potage and eate therof and thou shall do well. Also this herbe is good to hele one of the stone / yf he be bathed with it.

Plastinaca.

This is called a Persneppe, it is hote and moyste in the seconde degre. There be .ij. maner of Persneppes the one is the Persneppe of the garden, and the other is the wylde Persneppe. They be more vsed to mete than to medecyne his vertue is to engendre thycke blode & much wherfore it styreth the luste of the body if it be muche vsed therfore it is good for a mā that is newly recouered out of hys greate sykenes to vse to eate of it a whyle. Also they be good to be eten raws or soden for ỹ melancoly humcurs

grene and nat drye. To make a se-
rope to styre the luste of the body
and for to comforte the degestyon
take rotes of Parsneppes & sethe
them wel in water, than take them
out and caste awaye the water and
the rotes that be in gobbett; boyle
thē againe in water thā put therto
hony well clarified and lette them
boyle vnto the thyckenes of hony
and cōtinually styre it that it cleue
nat to the vessell and in the mydle
of the boylynge, put in almondes
yf ye haue them, in the ende of the
boylynge put in, gynger, galynga
le, and a lyttell Peper Nutmegge
& other swete sauored spyces. Also
Parsneppes may be sowen in De-
cember / January and March in
fat grounde depe doluen and lose
groūde and beste digged, and they
be somwhat wyndy. Boyle them
in two waters but caste awaye the
fyrste water. Also there is Par-
sneppe

sneppe that is sumwhat reed / the whiche may be eten both rawe and soden & with thē and Nauewes to gyther ye maye make a very good meate and fayre and red in colour the whiche be sodden as Parsnep pes be.

Plantago.

¶ Thys is called Plantaine, it is colde and drye in the .ii. degre/ for heed ache take Plantayne & binde it aboute thy necke & the ache shal go out of thy heed. Also for dessea-ses in the body, sethe thys herbe in good lycour what ye wyll and vse to drynke it and it shall clense the mawe & the other inwardes. Also for hym ẏ bledeth at the nose gyue hym to drynke the ioyce of it and it shall cease lygtly. Also yf ẏ body of any man be wexen hard, stampe thys herbe with grece and make a playster of it & laye it on the hard-nes and lyghtly it shalbe softe and

make it hole. Also for byttyng of a
serpent, take this herbe and drinke
it with wyne. Also for the disease
in the mouthe take the toyce of thys
herbe & holde it lõge in thy mouthe
and eate the leues of this herbe, for
hym that maye nat well pisse sethe
this herbe and drynke it. Also for a
rotten humour in the breste and a-
boute the herte / take the toyce of
this herbe the wayght of .x. ỏ. and
medle it with hony and gyue hym
to eate a sponefull at one tyme and
that shall purge the breste, for ache
in the fete, take this herbe with vy
neger and drinke it. Also it heleth
woundes and cléseth the fylth out
of woundes. Also it swageth ran-
kelynge and stauncheth the men-
eyons bothe with drynke and with
playsters made with pouder of Ar
monayke and of sãdragowne and
Barly medled wt the whyte of eg-
ges made in a playster & layde to ỹ
sore

foze, foz the Canker and the payne in the gū nes, take the iopce therof and medle it with hony and vyne ger and poudet of Alume and that shall se the Canker in the mouth. Also foz the feuers stampe .iij. Ro= tes of Plantayne, & tempze it with water and gyue it hym to dzynke that hath the feuers and he shalbe hole/foz the Jaundes stampe Plā tayne and Lettyse togyther & tem= per them with vyneger and make aplayster there of and lay it to thy ryght syde & vse it tyl thou be hole, and it is good foz ꝑ bitige of an ad der dzynke the iopce of it & lay the substaunce of the herbe to the soze foz the same hange the rote of plan tayne a boute the necke of the pacy ent and meruelously it helpeth, foz the potager and foz the dr seale in ꝑ synowes stāpe the leues of it with a lyttell salte and playster it wyll therto and meruelously it helpeth.

¶ Porrum.

¶ Thys is called a leke / it is hote and drye i the .ii. degre / it desyreth louse groūde and fat and well dunged in that they shall beste profyte in hote places and tēperate They maye be sowen in Decembre in tēparate places & colde. They maye be sowen in January February & Marche whan the grounde is well dygged and dyght and it maye be sowen by it selfe or medled with other sedes of herbes in good fatte grounde well dygged and turned a boue it w[illegible] good dōge, this sede wolde be sowen somwhat thycke / and whan they be somwhat sprōge take vp the greatest lekes & plante them in forowes but take awaye none of theyr rotes whan ye set thē in ẏ forowes / but whā ye set them with a dyble / than cut awaye the rotes almoste vp to the leke heed & awaye the vppermost of the leues,

they

they maye be plantyd in, July, Au
guste September & October, they
be much profytable in March and
in Apryl nexte folowynge / but in
youre plantinge you shall nat seke
after fate sokte grounde for menely
ground that is beste & that groũde
that is almoste drye is beste, there
is .ij. maner of settynge of lekes /
one is in forowes, as is the maner
in Bononye and the forowe muste
be fro the other a spãne large and
the lekes must be set in the forowe
iiij. fyngers brede eche fro other &
whãne ye make the next forowe caste
the erthe on the lekes and trede it
downe softely with thy fote. The
ij. maner is thus whã the groũd is
well dygged & raked than make ho
les with a greate dibil & euery hole
fro other a large spã more or wyde
the lekes must be set in, but fyl not
thy holes nor put erth on them but
let thé be voyd .iij. wekes, whã ye

des growe a mong them pul them vp & kepe thē clene fro wedes, Dyuers auctours say that the Lekes that be thus planted be better thā any other, or they may be well plāted amonge great onyons & whan the onyons be taken awaye, wede the lekes and you shal fynde them fayre and good, & whan ye plucke vp leue some i a place / & leue some for sede the which sede may be kept iii. yere and it be hanged vp in the hulles / lekes be beste soden, or. iij. tymes washed before thy be eatē / For a woūde take lekes and stampe them well with hony and lay it to the wounde and it wyll hele it, for ỹ cough take ỹ ioyce of lekes & vse to drinke it, for ỹ sam take ỹ ioyce of lekes & medle it with womās milke and vse to drynke it, & it wel clense the longes of all vyces.

¶ Fracturae solidat duritiasque relaxat.

Vul

vulnusque abpositum: ceto cum sale claudit.

Piretrum.

Thꝭ is called Pelleter / It is hote & dry i ẏ .iij. degre, the rote is vsed in medecynes, fyue yere he may be kept in hꝭ vertu, & knowe ye wel ẏ hꝭ sharpnes is nat knowē, it shulde be powned & holden i ẏ mouth. He hath v̄tu of losyng & drawing & of cōsuming To make agargarisme take pelleter & fygges & boile thē i vyneger or swete wyne & it wyl clē se ẏ brain of supfluite of flume also yf it be chewed in the mouth it helpeth ẏ palsy in ẏ tonge. Also for ẏ Palsy & the potager stāpe it & seth it i wyne & oyle & playster it to the greuāce thꝭ playster helpeth much therfore if thou may haue grene peliter stāpe it & lay it i sokīge i wyne xv. daies, & after boile it wel & put therto wexe & oyle for thꝭ is ẏ beste oyntmēt for all ẏ forsayde deseases

Papauer

¶ Papauer.

¶ Thys is called Popy, it is cold and dyye. There is .ii. maners of them. The whyte Popy is colde and moyste and it is good to cause one to slepe. The sede therof well gathered maye be kepte, x. yere / it hath vertue of clensynge It is put in medecynes wyth a determynacyon as the sede maye be receyued of whyte Popy or blacke. For to prouoke a slepe / make a playster of eche of them or one of them with womans mylke and the whyte of an egge and laye it to the temples: The woman of Salerne gaue to yonge chyldren the Popy but they wolde gyue them no blacke Popy for it made them to muche heuy. Also for a hote postume in the begynnynge and for chatynge of the lyuer take the sede of whyte Popy or eles the herbe of it and stampe it and medle it with oyle of Roses

and

and playster it to ẏ greuance. Also for drynes in feuer etyke and in other feuers take ⁊ hete oyle of vyolet medled wyth powder of Popy sede, and anoynte the small of the backe ther with.

☞ Polipodium.

¶ Thys is called Pollipody, it is hote in the .iiij. degre and dry i the seconde degre. Thys Pollypody is a ferne that groweth vpon okis or on walles or stones but the Pollybody that groweth on okys is the best, Gather the rotes of it and lay it a day in the sonne chose that is grene and that whiche appereth dry whan it is broken it is to be refused, he hath vertue of dissoluing of drawyng of purginge flewme ⁊ specyally melãcoly, wherfore communely he is put in boylynge and to fleumatyke and melancolyous hole men, he is gyuen to preserue theyr helthe /and knowe well that

in the

in ȳ boylynge of pollypody shulde
be put in some thynge to exclude &
put out ventuosyte as Anyse sede/
fenell sede or comyn or els al these
a forsayd sedes for they exclud out
much wynde and vnbyndethe hu-
mours. Also for the cotydyan and
For Illica passio and to kepe a mā
nes helth do thus stampe halfe an
vnce of polypody or an ounce if ye
wyll haue it muche laxatyue. than
boyle it with Pzunes and byolet-
tes in fenell water or anyse / in a
greate quantyte than straine it &
gyue it the pacyente at moznynge
and euenynge. Also stāpe it & seth
it in water with fenell sede & with
water, & make a bzoth with a chek
therin with swete sauozed spices &
giue ȳ pacyēt to eate Also make a
dzike therof after thy maner stāpe
it & boyle it i wine & after put moze
wyne therto and so make vp your
dzynke with swete sauozed spyces.

Dienium

Pienium.

¶ Thꝭ is called Pyeny / it is hote and dry in ẏ secōde degre, so sayth Ypocras & Galyen the good phylosafers / they say that ẏ roote therof groweth to dyuers medecynes and it wyll laste .x. yeres and it is colde for the palsy, dry the rote, and drynke pouder with Caster sodden in wyne. Also the same is good for the Stone. Also yf a man be costyue and maye nat go to the draught take and strawe the powder therof on Cotten and put it in to hys fundement / and drynke the powder in whyte wyne. Also for a man or woman that hath the fal lynge euyll eate it and drynke it in wyne. Also hange the roote aboute hys necke and it wyll saue hym without doubte within .xv. daees. Also it helpeth the sores in the mouthe. Also yf thou seth it is wine it helpeth the splen. Also

drynk

drynke pyeny with water & hony and do therto powder of Colyander and this is good for the stomake/ for the mylte and for grauel in the raynes. Also it is good for women for dyuerse. dyseases. Also sethe it in whyte whyne and gyue a womā to drynke therof and it wyl hele her bledder & make her to pisse the stone, and it wyl hele her of the Marris. Also Pyeny sede whan it is blacke it maketh delyueraunce of the bed of the chylde in her wōbe and at euery tyme whan she shall vse to drynke it, she muste drynke. xv. sedes at one tyme.

Q. Littera. Et primo de Quinquefolio.

Quynckfolio is colde and drye in the seconde degreth, herbe is good for ache in a mannes lymmes/and for ache of the heed/mouthe/tong, and throte that be sore/ take and

sethe

lethe this herbe in wyne and gyue the pacyent to dzynke therof. iij. dayes fyzste & laste and he shalbe hole. Also stampe it and dzynke the ioyce of it in ale & it wyll ceasse the akynge and quawynge of a man oz woman. Also yf a mā blede soze at the nose/gyue hi to dzynke the ioyce of it with wyne/& anoynt his hed well with the ioyce of this herbe/and anon the blode shal staunche. Foz to slee a Canker/ lethe it in wyne and the grece of a swyne and make a plaister therof and lay it on the Canker and it shal slee it. Also take powder of quynckefoyle and medle it with hony and therwith rubbe thy mouth/tonge/ and thzote /and the chekes within and it wyll purge it well. Also foz poyson and bytynge of a serpent take the ioyce of Quynckefoyle and dzynke it with wyne & meruelosly it resysteth venym.

¶ Hic incipit littera. R. and fyrs
of Rybeworte.

Rybeworte is good fo
ẏ feuer quartaine take
the ioyce of thys herbe
and drynke it. ii. how-
res before ye thynke ẏ
disease shal come to you and by ẏ
grace of god it shall go from you.

¶ Red netle.

¶ Take Reed Netles / and stāpe
thē smal & sethe thē in an erthē pot
with a porcyon of whyte wyne tyll
halfe be wasted, and gyue the pacy
ent to drynke fyrst and last warme
and lay the herbes to the foūdt mēt
as hote as the pacyent may suffer
it / and vse thys medecyne tyll he
be hole.

¶ Rosa.

¶ Thys is the red Rose / it is colde
in the fyrste degre and dry in the se
conde degre. Dry roses and grene
roses be vsed in medecynes, and of
grene

grene roses be made many confec-
tyons. Also dry roses be put in me
decynes / whan a recey te of roses
is made / for they be sone made in
powder/of roses is made Wel ro-
set/Suger roset/syrop of roses a-
lectuary of roses / water of roses /
and oyle of roses. Well roset is
made thus take fair purified hony
and newe reed roses the whyte en-
des of the clipped away than chop
pe them small and put them into
the hony and boile them menely to
gyther/to knowe whā it is boyled
ynough / ye shall knowe it by the
swete odure and the colour ruffe.
Fyue yere he may be kepte in hys
vertu, by the roses he hath vertu of cō
fortynge/and by the Hony he hath
vertu of clensinge, In wynter and
in somer it maye be gyuen compe-
tently to feble, seke, flumatyke/me
lancoly /and colorike people: also

Mulsa is made of water and mele
roset and it may be gyuē after the
iii day ẏ it cometh out of the bach
for to clense the stomake of clod hu
mour/giue him mel roset with wa
ter that fenel sede is boyled in put
tynge therin.iii.graynes of salte/
yf the sycke may take it this shulde
be the quantite of roses and hony.
In vii.pounde of hony put a poū
de of Roses Suger roset is made
thus. Take newe gathered Roses
and stampe them ryght smal with
Suger than put it in a glasse and.
xxx.dayes let it stande in the sūne/
and styrre it well and medle it well
to gyther & so it may be kepte.iii.
yeres in his vertu. The quantite
of Suger & Roses shulde be thus/
in.iiii. pounde of Suger a punde
of Roses/he hath vertu of cōstray
nynge and comfortynge of the flux
in the wombe/Take Suger roset
and powder of Mastyke of euery
one

one a dzam /and medle thē wel to
gither and giue it to the seke, after
that giue hi rose water that Ma-
styke and cloues be sodden in. Sy
rope of Roses is made thus some
do take roses dyght/as it is before
sayd and boyle them in water/and
in ẏ water strayned they put Su-
ger and make a syrope therof/and
some w make it better for they put
roses i a vessel hauinge a straight
mouth & they put to the roses hote
water and they let it stande a day
and a nyght, and of that water put
tyng to it Suger they make syrop
and some do put more of roses in
the forsade vessel & more of hote
water, and let it stãde as is before-
sayde and so they make areed wa-
ter and make therof a syrope. And
some do stampe newe Roses and
then straỹne out the ioyce of it and
Suger therwith they make syro-
pe: and thys is the best makyng of

syrope & knowe ye wel that syrope made of fresshe and newe Roses fyrste sumwhat mencly they lax, in ẏ inde they bynde, but syrope made of drye Roses fyrste and laste they bynde. Syrope of Roses hath vertue of comfortynge and constraynynge agaynste the flux of the wōbe and the vomyte gyue it to hym with rayne water or with rose water i a feuer. After lettynge of blode gyue it hi with colde water. Also the same for the Sincopine. Oyle of Roses is made thus/some boyle Roses in oyle and kepe it/ Some do fyll a glasse with Roses & oyle and they boyle it in a caudron full of water & thȝ oyle is good/Some stampe fresshe Roses with oyle & they put it in a vessel of glasse, and set it in the sonne. l. dayes and this oyle is good agaynste chatinge of the lyuer/ yf it be anoynted therewith. Also it is good for ẏ desease in the

in the heade that cometh of hete a noynt the forhede and the temples with oyle of Roses. The water of Roses hath vertue of comfortynge and constraynynge agynste the flux of the wõbe and vomyte. Also gyue hym rose water boyled with Mastyke and cloues it is beste agaynste the flux & feblenes of vertue yf it come of a flux by a sharpe medecyne. Also rose water is good for the Syncopyne and ỹ Cardyacle gyue it hi to drynke & sprynge the water on hys face and ỹ water is good for eyes and in oyntmẽtes for the face/ for it taketh away the wemmes and the superfluyte and strayneth the skynne. Also drye Roses put to the nose to smyll do comforte the brayne and the herte and quencheth the spyryte. Also agaynste the flux of the wombe of coloure gyue hym Roses boyled in rayne water. Also a playster

made of roles and the whyte of eg-
ges and vineger and dip a ſponge
in it and lay it on the mouth of the
ſtomake agaynſte the ſyncopyne/
gyue hym to dꝛynke water that ro-
ſes haue ben boyled in/and gyue
hym powder of roſes i a tere egge
to make oyle of roſes /take.ii.li.of
oyle a.li.and an halfe of roſes and
put all in a glas/and put the glas
in a Cauderon full of water and
hange it therin and boile it tyl the
thꝛyde parte be waſted and after
ſtrane it thꝛough a linen clothe &
kepe it foꝛ your vſe foꝛ thys oyle is
loſing and ſerueth foꝛ many thyn-
ges. Some do put roſe water in a
glas and they put roſes with their
dewe therto/& they make it to boy
le in water / than they ſet it in the
ſonne til it be reed/and this water
is beſte/thys hathe vertue of com-
foꝛ tynge and conſtraynynge and
foꝛ the fluxe of the wombe and a-
gaynſte

gaynst the vompyt.

¶ Rolemary.

¶ Thys herbe is hote and dryc take the flowers and put them in a lynen clothe and so boile them in fayre clene water to the halfe and coole it/ & drynke it for it is muche worthe agaynst all euylles in the body. Take the flowres and make powder therof and bynde it to the tyght arme in a lynen cloth and it shall make ỹ lyght and mery. Also ete the flowers with hony fastyng with sower brede & there shall ryse in the none euyll swellynges. Also take the flowers and put them in a cheste amonge your clothes or amonge bokes and motthes shall nat hurt thẽ, boyle the flowers i goates mylke and than let thẽ stãde al a nyght vnder the ayer fayre couered after ỹ gyue hym to drike ther of that hath the tyfyke & it shall relyuer hi/ Boyle the leues i whyte

wyne & walsche thy face therwith thy berde and thy browes & there shal no cornes grow out/and thou shall haue a fayre face. Put the leues vnder thy beddys heed & thou shalbe delyuered of al euel dremes, Breke the leues small to powder and lay them on acāker and it shal slee it / Take the leues and put thē into a vessell of wyne and it shall preserue it fro tartnes and euyll sauoure/ and yf thou sell that wyne/ thou shall haue good lucke in the sale. If thou be feble with vnkynd ly swette /take and boyle the leues in clene water and whan the water is colde do therto as muche of whyte wyne/ and thā make therin soppes & ete well therof/and thou shall recouer appetyte / If thou haue the flure boyle the leues in stronge Aysell and bynde them in a lynen clothe and bynd it to

the

the wombe and anone ꝑ flux shall withdrawe / If thy legges be blowen with the gout boyle the leues in water / and than take the leues and bynde them in a lynen clothe aboute the legges and it shall do the good. Take the leues and boyle them in stronge Aysel and bynde them in a clothe to thy stomake & it shall delyuer the of al euylles / If thou haue the coughe / dryncke the water of ꝑ leues boiled i whyte wyne / and it wyll hele the. Take the rynde of Rosemary and make powder therof and dryncke it for the pose and it shall helpe ꝑ Take the tymber therof and bryne it to coles and make poudr therof and than put it in a lynen clothe and rubbe thy tethe therwith / and yf there be any wormes therin it shal sle thē & kepe thy teth frō al euilles Also make the a boxe of ꝑ woode & smell to it and it shall preserne thy youth.

youthe. Also put therof in thy doo-
es oz in thy house and thou shal,
be with out daũger of adders and
other venemous serpẽtes / Make
the a barel therof and dzynke thou
of the dzynke that standeth therin /
and thou nedes nat to fere no poy-
son that shall hurt the and yf thou
set it in thy garden kepe it honestly
foz it is muche pzofytable. Also yf
a man haue loste hys smellynge of
the ayze oz els he may nat dzawe
his bzethe make a fyer of the wode
and take his bzethe therwith and
gyue it him to ete & he shalbe hole

¶ Ruta.

¶ Thys is called Rewe / thys is
hote and dzy in the.ii.degre / the le-
ues and the sedes be vsed in mede-
cynes ỹ sedes may be kepte.x.yere
and the leues a yere, he hath vertu
of purgynge / dissolvynge and con
sumynge / foz the heed ache take ỹ
toyce of rewe and bete it and put it

into

into hȝ nosethyrlles for it purgeth out flume and clenseth the brayne/ the toyce sodden with wyne is good for the same/ For feblenes of lyght put Rewe in a pot with ale and let the pacyent vse to drynke of it, For stoppynge of the splen and lyuer/ the strāgury & the flux sethe Rewe in wyne with rootes of fenell or powder of Rewe / with the toyce of Fenel and drynke it warme.
Also for an ache or frenyng, stampe Rewe with powder of comyn and playster it to the greuaunce. Also agaynst venym/drynke ȳ toyce of Rewe. For bytynge of venemous beste or worme / playster Rewe to the bytynge / For feble eye syght styll water of Rewe and roses to gether and put therof i your eyes. Also an ointmēt for sore eyes, stampe Rewe and Fenell together of yche lyke muche be wayghte and medle thē with hony and Eufrose

and

end it is good oyntment for eyes/ Take Rewe/ Comyn / and Peper of yche lyke much by wayght/ and grynde them small togyther and medle them with hony and veneger and it is good for the ache in ȳ breste and in the raynes.

¶ Hic incipit littera. S. Et primo de Sinapio.

Sinapium is called Mustarde/ it is hote & dry in the myddle of the iii. degre/ and nat the herbe but the sede is put in medecynes. Fyue yere he may be kepte in his vertu. He hathe vertue of lossinge/ of drawynge, of makynge thyn/ and of cõsumyng. For the palsy of the tõge take and chewe the sede in your mouth and hold it vnder the tonge and it shal do you good. Also for the palsy in other membres sethe the sede in wyne and lay it to the sore place and

and it is beste in the begynnynge of the dyscase Also take the powder of it and put it into your nosethrylles and it wyll make you to nese and it clenseth the brayne and superfluyte of fleume. Also sethe it in wyne and fygges and holde it warme in your mouthe tyl it be almoste colde thā take as much more and do so. v. or. vi. times a day/asmuche another day & this is good for an olde pose of toughe and flumy humour in the heade. Also for stoppinge of the splē and the lyuer sethe the sede in water with rotes of Fenell than strayne it and put therto hony and gyue it to ẏ sycke to drinke For hardnes of the splen sethe the herbe of it in wyne & playster it to the greuance For to rype and breke a postume stampe this herbe well with hogges grece and lay it to the postume. Also for Strangury take the herbe of thys

and

and lethe it in oyle and wyne and
playster it to the greuaunce and it
wyll louse it. Also for the Ciatica
and for other olde sores take mu-
starde sede and the thyrde parte of
crōmes of whit brede and fygges
hony and vyneger after as ȳ ache
of the sore requyreth the more of ȳ
fygges and the hony that is there
the more sharper is the strength of
the sede /and the more brede and vy
neger that is in it the more weker
is the sede/but I say nat ȳ ye shall
put this confeccyon to al sores but
to greate and olde sores Hys vertu
is yf he be eten it sharpeth a man-
kes wyt it clenseth the bely/ it bre-
keth the stone it purgeth the vrine
menstrosite and comforteth the sto
make.

¶ Smalage.

Take Smalage sede /Rewe sede/
Peper and salte and grynde them
well togyther and tempre thē with
wyen

wyne and drinke it / for it is good for colde and wycked humours in the stomake and cõforteth the stomake, the lyuer and the longes, it is good for woundes. For rankelynges and to cease the brennynge and akynge and to bringe them to theyr kynd againe, Also it is good to drynke for the feuer tercyan.

¶ Saluia.

¶ Sage is hote in the fyrste degre and drye in the seconde degre / the leues only be taken in medecynes both grene and dry / he may be kepte a yere / There be .ii. maners of Sages the garden and ỹ wylde Sage, If thou wyl haue Sage in for medecines take ỹ leues of garden Sage for that cõsumeth more and comforteth more thã the other dothe. For the palsy sethe ỹ leues of sage i wyne & vse to drike it. For the same seth ỹ leues i wyne & play ster it to ỹ greuaũce, also it is good

to put in sauce, For the stragury, & flux & the maryce it clenseth, sethe the leues in water & let the patient syt ouer it & receyue ỳ hote fume of it and it shall do him muche good. Also it is good for venym or poyson/ Seth sage in ale or wyne and vse to drynke it. iij. dates and thou shalbe hole by ỳ grace of god / For the stomake drynke ỳ ioyce of sage with water and hony / & it is good to clense a mannes body to vse it both rype and grene / it wyll make a mānes body clene/ therfore who that vseth to eate of thys herbe or drynke it / it is merualle that any inconuenyence shulde greue them that vse it. If ye haue an ytchynge on you washe it well with ỳ ioyce of thys herbe & it shall se ỳ ytchyng Also drynke sage with wyne & a lytell wormewode and it shall cease the ache vnder the sydes, the wombe / and the stomake / it is good

for

for the palsy and dropsy.

Satureia.

THys is called Sauery it is hote and dry i the.iiij.degre / sethe it in wyne or water and drynke it and it purgeth the sayues / ỹ bladder / the menstruolyte in the bowelles, it purgethe the longes and loseth greate humours and compellethe and putteth hym oute by the mouth by spittinge / therfore he is brennynge and styreth hym that vseth lechery therfore it is forbyde to vse it muche in metes, Soke it in vynegre or wyne and drynke it and it shall make the haue a meke stomake. Also whā it floureth it shuld be gathered & dried & poudre made therof. Also take ỹ poudre of Sauery & boyle it with clarytyed hony & vse to ete therof, or boyle it in wyne & drinke it and it wyll lose toughe flume i ỹ brest. Also for fretynge i tyy bely drynke powder of

it in warme wyne and thou shalbe hole. Also if ye take the lesse sauery it hath the same vertue & strength that the other Sauery hathe. Also make grewell with water and flower and pouder of Sauery & eate therof & that shal clense al ỹ spirytual membres of a man.

Saxfrage.

This is hote and dry in the. iii. degre, for the stone seth the rote of it in wyne and drynke it. Also it is good for the desease of the colike & the strangury, and the pouder of it be eatē with an egge, it is good for the same. It maye be kepte in hys vertue. iii. yere.

Scabiosa.

Thys is called Scabias it is hote and drye i the. iii. degre, to dry it ther is no ꝑfite in it, for scabbes take the toyce of it / veneger / and oyle and boyle them to gyther tyll they were thycke, and kepe it for it

is good

is good for scabbes. For the Em-
rawdes sethe them in water than
sitte ouer it and take the flume of it
and vse it & thou shalbe hole, stāpe
it and seth it in wyne and ꝑ dryncke
is good to dystroy humours in the
stomake, and dryncke it euery days
fastynge with Eurole & thou shal-
be hole and thou shall neuer haue
the pestelence bredynge with in the
whyle thou do vse it. For the lyuer
stampe it and sethe it in wyne and
dryncke it.

Southernwode.

This herbe is good for the coughe
and for byndynge in the bely and
in the breste and for deseace in the
bones, and good for thē that may
nat well pysse take the sede of thys
herbe and stampe it and dryncke it
with water / & it is good for all the
aforsayde. Also for the desseases in
the syde. stampe thys herbe with
Betayne and dryncke it and it hel-

peth well. Also for the bytynge of a serpēt and for venym stampe thys herbe and drynke it with wyne and it is good. Also for the colde feuer stampe thys herbe with wyne and drynke it and thou shalbe hole.

¶ Syngrene.

¶ Thys is colde and moyste in ỹ iij. degre / the ioyce of thys herbe and also the same herbe is ryghte necessary for many diseases / stampe thys herbe with grece and playster it to ỹ desease and meruelously it helpeth. For dysease and darkenes of eyes, stampe this herbe and put of the ioyce in ỹ sore eyes / For chafyng of the lyuer take the ioyce of it and vyneger & dyppe a clothe therin / and playster it to the greuaunce / For bytynge or scaldynge make an oyntmente of the ioyce of thys herbe and oyle of Roses and waxe / but lay it nat to tyl after the thre fyrste dayes / but fyrste anoynt it with

it with grece and suche other. Also for a dysease of a hote cause thꝫ herbe is good to be layde therto.

¶ Stycheworte.

¶ Thys is called Stycheworte or birostōg thꝫ is hote & moyst in ẏ fyrst degre/ ẏ vertu of thꝫ herbe is/ it is good to hele woūdes & sore eyes

¶ Scamony.

¶ Scamony is hote and drye in the .iii. degre/ ẏ leues onely be best ī medecines, it may be kepte a yere in his vertue or two for nede/ For the disease in the stomake boyle leues of it in wyne & drynke it. Also the aforsayde drynke is good for ẏ bely/ & for the strangury and flux Also a stewe made with boyling of it ī water, or wine is good for ẏ forsayd/ If it be boyled in oyle & playster it to ẏ aforsayd for it is better.

¶ Sene.

¶ Sene is hote & drye in the .iiij. degre, it groweth in ẏ other side the

see and moste aboute Babylon: the best be the flowers and the braunches of it, It is good for many diseases / as the fallynge euyl: for the Synacop for ỹ splen, for the Emerawdes, and for the quartayne, syrop made of it boyled in water and Suger is good for al the aforsayd syrop made with the toyce of Borage is good for the forsayde. Also Dialcorides cõmaundeth to make Ermell of the forsayde with boylynge of vyneger and honey and it wyll be good for the forsayde. And this herbe may be kepte ten yere.

Celondyne.

Thys is hote & drye in the .iiij. degre & Galyen sayth that it is good for sore eyes, take ỹ toyce of Selõdyne and boyle them wel togither in a panne & whã it is cold anoynt the eyes therwith. Take selõdine and wryng out the toyce & medle it with whyte wyne and anoynt thy

vysage

vysage ther wt & it shal do away fre
keles of ye visage, ye ioyce of Selō-
dine & gotes dōg medled togyther
smal i a morter, thā if thou lay it to
a cāker in a womans pappe it shal
slee the Cāker, Also take ye ioyce of
Selōdyne & powder of Brymstone
and medle them well to gyther & it
wyl helpe to do away ye Morfewe.
And sethe the rote in wyne, & whā
the pot is takē downe let hi hold his
mouth opē ouer it ye the breth may
go into his body/& that shal sle the
canker in the mouth, it is good for
hi that hath dronken venym with
his owne stale & that wil saue him

¶ Sauayne.

¶ Thys is hote and drye in the se-
conde degre, it is good to slee wor-
mes in the wombe and to brige thē
out if it be soden in wyne and gyne
to the pacyēt to drynke. It is good
with butter or grece to make an
oyntmēt for ye scabbe that rennethe

to hele it & dry it vp, and it is good for the heed ache / yf it be stamped and tempered with vyneger and make a playster therof and laye it to thy temples and vpon the mold of thy heed.

¶ Scabiose.

¶ Thys is colde & moyst in the. ii. degre / Stampe it and lete it in wyne and that drynke is good for the lyuer. And it wyll destroye wycked humours in the stomake and drynke it euery day fastynge with Eurose & thou shal neuer haue postume bredynge within the as lōge as thou doste vse thys medecyne.

¶ Littera. T. Et primo de Tapsu barbasto.

THys is called Molen it is colde and drye, It is good for the Emerawdes & it be sodden in wyne and scommed clene. Also it is good to washe the

greuaunce

greuaunce therwith/it is good.
Also for the flux in the bely.

¶ Towne cresses.

¶ Thys herbe is hote and dryye in the.iii.degre/ the sede wyll endure good fyue yere. It is good to stau-che the flux & the mencyon/ yf thou take the sede and bruse it in a mor-ter of bras & gyue ỹ seke to drynke therof thre dayes euery day a pe-ny weyght at ones with reed wyne warmed and in those.iii.dayes he shalbe staunched, or els he shal dye of that euil, it is good for the pally and for the male flanke, take ỹ sed and sethe it with wyne & do it in a poket & bynde it to the syde ther as ỹ greuaunce is. Also it is good for hi ỹ may nat well pysse/ take ỹ sed & seth it i wyne & oyle olyue & bind it to thy share, It is good for a mā nes fundamēt ỹ goeth out /yf it be takē of colde thā it must be put i a-gayne and strawe ỹ pouder on the

fundament

fundament thy raynes with hony and thā strawe the powder aboue with the powder of Comē or powder of Calafyne, for all these be kyndly for it. Also take the stalkes of towne cresses and brene thē and there shall no venemus beste ne worme abyde the sauour nor smell therof but he shal dye or fly away.

¶ Littera. V. and fyrste of the Vyolet.

Violet is colde in the fyrste degre and moyst in ỹ second, For blaste in the eyes, take the roces of Vyolettes and stampe thē with Wyne & Safferō and at night lay it to the sore eyes. Also for a wounde in the hed stāpe the leues of Vyolettes with hony and veneger and playster it to the wounde and it shal hele it. And for thē that may nat slepe for sykenes sethe this herbe in water & at euen

let hym

let hym soke wel his fete in the water to the ancles, whan he goeth to bed bynde of this herbe to hys temples & he shall slepe wel by the grace of god. Take Uyolett, Myrre and Saffron, and make a plaister and lay to ẏ sore eyes that be swollen and it shall cease akynke & bate the swellynge.

Uua suauis.

¶ Thys is called the swete Raysyn / it is hote and moyste it hath vertue of clensynge/ scourynge or smothyng Raysyns eten or boylen in wine is good for ẏ cold coughe/ Sethe them in wyne and they be good to playster on the cold postume and good for a colde stomake.

¶ Veruayne.

¶ Vernayne is hote and drye i the seconde degre It is good agayust al maner of euels of venym if the pacyent dryuke it tempered with wyne and stampe the herbe & lay it on euery

on euery manet of byting of veny
mous beste/and it wyll drawe out
the venym and saue the sore / who
ẏ vseth it/it wyll make good breth
and do away stynke of the mouth.
Also who that hath ẏ feuer tercian
take.iii.rotes and .iij. croppes of
the same herbe and stampe them ⁊
temper thē with tayre clene water
and gyue it to the pacient to drike.
Also who that hath the feuer quar
tayne let hym take the same drike.
Also it is good for the stomake, the
lyuer, ⁊ lōges. Also take veruayn
Betayne, ⁊ Saxfrage ⁊ of euery
of them lyke much and stampe thē
with wyne tempered and thys is
good for them that hath the stone.
Also they that bere veruayn vpon
thē they shall haue loue and grace
of greate maysters and they shall
graunt hi hꝫ askyng yf his askyng
be good and ryghfull.

Here

¶ Here begynneth .W. & fyrste of water cresses.

Water cresses be hote & drye in the seconde degre seth them in water by thē selfe and drynke it or sethe it in flesshe, & suppe of the brothe and it wyl clēse well the inwarde membres. Also it is good agaynste the Strangulio and the flux of the same.

¶ Wylde neppe or wodbynde.

¶ Thys herbe bereth a flower like to the hope and after the flower he bereth a grene bery, and it hath a greate rote, the vertu of the herbe is moste in the rote, it is good for sinowes that be shronken or cut to make them sople and to haue their owne course in theyr proper kynd. Go to ẏ rote of wylde Neppe that is lyke wodbynde and make a hole in the middes of the rote thā couer it wel agayne that no ayer go out/

nor

noz that no rayne go in noz water/ powder noz the sonne come nat to much to it, let it stãde so a nightꝫ a day thã after that go to it ꝫ thou shal fynd therin a certayne lycour, take out that lycours with a spone and put it into a clene glas and do so euery day as longe as thou findest ought in the hole ꝫ this muste be done in the moneth of Apryll oz Maye. than anoynt the soze therwith agaynst the fyer/ than wete a linen clothe in the same licour and lappe it about ẏ soze and it shalbe hole in shorte space on warantyse by the grace of god. Foz the gowte a souerayne medecyne/ Take the rote of wylde Neppe and the rote of ẏ wylde Docke soden by it selfe and cut them i thyn peces ꝫ pare a waye the vtter rynd and cut thẽ in quarters, thã boyle thẽ in clene water. ij. oz .iij. houres, than stãpe thẽ in a morter as smal as can be / thẽ put

put thereto a quantite of sote of a chymny / and temper them with the mylke of a cowe that the here is of one coloure, than take the pysse of a man that is fastinge and make a playster therof and boyle it togyther and as hote as ye may suffre laye it to the greuaunce a daye and a nyght & so do .ix. tymes and it shall heale the on warantise by the grace of God.

¶ Wormewode.

¶ Thys is hote & dry in the secōde degre, it is good for wormes i the wombe if it be stamped & the ioyce wronge out & myngled w'th swete mylke and gyue to the pacyent to drynke/ & sethe this herbe in wyne and make a playster to the wombe Make pouder of Wormwode, Centory, Betayne, of ychelyke muche by wayght and medle all well togyther, and the powder wyll slee wormes i the wombe bothe whan

it is eaten in potage and dronken.
Also for the mylte that is swollen
of a colde mater, sethe it in wyne &
let the syke drynke therof and that
shall heale hym/ & make a playster
of the substance of the herbe & laye
it all hote to thy wombe agaynste
the greuaūce. Also stampe wormē
wode & temper it with vinegre and
with tosted sowre breade grounde
therwith & with the ioyce of Wen-
tes and the ioyce of Plantayne of
euery yche lyke much and fry them
well togyther, thā make a playster
& lay it to the mouthe of ȳ stomake
and thys shall staunch brekyng or
castynge. For wormes in a mānes
eres be it serpente or erewyge take
the ioyce of wormewode & put it in
the ere. Also for the dropsy sethe it
in wyne and gyue the syke to
drynke at morynge and
euenynge and it shall
helpe hym

✠ Here

Here begynneth the table of this boke.

Agnus castus.
Apium.
Auetum.
Apuuerisus.
Absintium.
Aetamasia.
Astodillus.
Aristologia lon.
Aristologia rot.
Abzotinum.
Ameos.
Alleluya.
Asterion.
Agrimonia.
Auentia.
Altea.
Amarisca
Auricula muris
Apium eino
Apium ranarus
Artiplex do.
Anabula.
Acus demonis.
Argentila.
Acus mustela.
Allium.
Anisum.

B

Betonus.
Blasomynta.
Bete.
Bozago.
Bugla.
Burneta.
Bursa pastozis.
Bozago syluel.
Bylyze.

C

Camampilla.
Calamintum.
Crassula maioz
Crassula minoz.

Cituca.
Centauria ma.
Centauria mi.
Cara.
Celidonia.
Culamen.
Colewories.
Coliandrum.
Capillus venet.
Crocus.
Centonodium.
Caprifolium.
Canabaria.
Costus.
Cepe.
Columbina.
Cominum.
Cardiaca.
Cerasa.
Camelon.
Cauda pulli.
Cabochis.
Caulus gallica.
Caulus agrest.

Cimbaria.
Consolida ma.
Consolida mi.
Consolida med.

D

Diaptanum.
Dragantia ma.
Dacus aemin.
Dens Leonis.
Dens Caulis.
Dens creticus.
Dragantia fe.

E

Elena campa.
Endiua.
Eruca.
Enfrasia.
Ebulus.
Edera
Edera terrestris
Euforbium.
Elleborus alb.
Elleborus niger
Epatica.

Erpina.
Epulus minoz.

F

Flamtnula.
Fumus terre.
Funnicretum.
Fragra.
Fabaria maioz.
Fabaria minoz.
Filix.
Filipendula.
Finiculum.
Farinus.
Feniculus poet.
Frbzifuga.
Filago.
Flaminula mīñ

G

Gratia dei ma.
Granum.
Geneſtula.
Gencianus.
Galanga.
Gramī ſolis agł
Glabiolus.

H

Herba cruciata.
Herba Chriſtofo
ri maſculi.
Herba Chriſtofo
ri feminī.
Herba walteri.
Herba Roberti.
Herba Martis.
Haſtuca regia.
Herba Petri.
Herba Johānis

I

Iuſquiamus.
Hopius.
Ireos.
Iris.
Iarus.
Iaſia nigra.
Iaſia alba.
Ipia maioz.
Ipia minoz.
Iacinctus ruſti.

L

Manisticum.
Lingua cerui.
Lilium.
Ligustrum.
Lingua Bouis,
Lingua serpentes maior.
Ligua serp. mi.
Lingua Canis.
Lingua Hircina
Lupinus.
Labrum Veneris
Lauendula.
Lactuca.
Lactuca Siluat.
Lactuca Lepo.
Lolium.
Lapatium rust.
Linum.
Lauriola.
Licorisa.
Lappa.

M

Millefolium.
Mercurialis.
Menta.
Menta romana
Malua.
Mozel or nyghe shadowe.
Mastyke.
Magerum.
Millefoliuz ma or Yarowe.
Motherwozte,
or Mogwozte.
Maces.
Menta rubea.

N

Nux muscata.
Napus.

O

Olibanum.

P

Pruna.
Peper.
Pimpernella.

Pulegium.
Peucedanus vel
Feniculus pro.
Petrocilium.
Peritorium.
Pastinaca.
Plantago.
Porrum.
Piretrum.
Papauer.
Polipodium.
Pienium.

Q

Quiuque foliũ

R

Rybworte.
Reed nettell.
Rosa rubea.
Rosemary.
Ruta.

S

Sinapium.
Smalage.
Saluia.
Satureia.
Saxfrage.
Scabisa.
Sotherne wode.
Syngrene.
Stycheworte.
Scamony.
Sene.
Selondine.
Sauayne.
Scabiosa.

T

Tapsu barba.
Towne cresses.

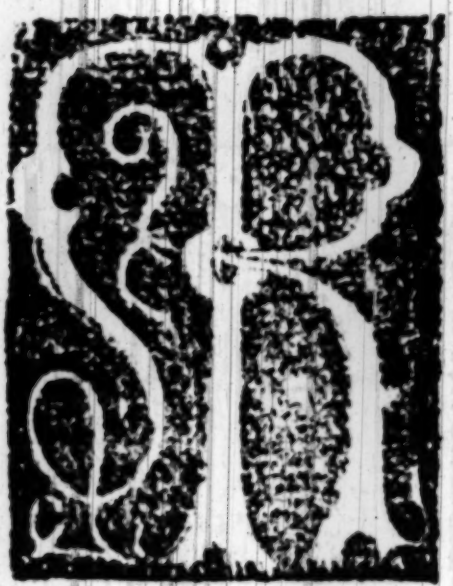
U

Uyolet.
Uua suauis.
Ueruayne.

W

Water cresses.
Wylde neppe.
Worme wode.

FINIS.

Imprynted at London in Fletestrete/ by me Elisabeth late wyfe to Robert Redman dwellyng at the sygne of the Gorge nerte to saynt Dunstones churche.

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